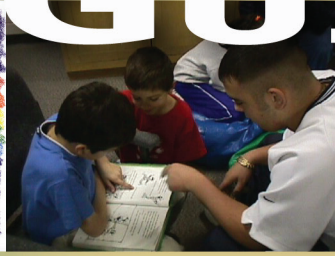
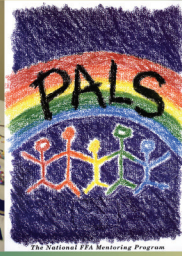


GROW YOUR PALS PROGRAM GUIDE



THE NATIONAL FFA MENTORING PROGRAM

Sponsored by



ACTIVITY

1.11

Safety Fair

Unit:
TEAMWORK

PRECEPTS

I. Professional Growth

II. Plan and implement professional goals and priorities

NATIONAL STANDARDS

CS.02.03.01.a. Explore various career interests/options.

NL-ENG.K-12.12 – Applying Language Skills

STUDENT LEARNING OBJECTIVES

As a result of this lesson, the student will ...

- List benefits of writing goals.
- Describe a new agriculture career.





TIME

Instruction time for this lesson: **30 minutes.**



NUMBER OF STUDENTS

From a pair of students to an entire class



TOOLS, EQUIPMENT AND SUPPLIES



✓ Contact an agriculture professional to demonstrate a portion of their job



DESCRIPTION

This lesson will allow both you and your PALS to become aware of agriculture careers and the goals associated with those careers. This activity will highlight a segment of agriculture and the goals and decisions people make on a daily basis to keep their agriculture products safe for us.

DIRECTIONS

Prior to the event:

1. Contact an agriculture professional to serve as a guest speaker and give a demonstration about their career. Ask your agricultural education instructor/FFA advisor for ideas.

Potential speakers:

Garden store employee – to demonstrate planting a shrub or tree

Sheep producer – to demonstrate shearing sheep

Veterinarian – to talk about keeping animals healthy and demonstrate giving a shot or checking an animal's signs of health.

County extension agent – controlling pests safely

Fruit grower – to talk about growing fruit and determining when it is ripe

Honey producer – to talk about how bees make honey and demonstrate how it is harvested

Grocery store employee – to demonstrate how to select fruits and vegetables or meat products

2. *Select the professional you would like and contact them. Make sure to tell them the time, location, length of presentation and describe what you would like them to demonstrate. Request an interactive demonstration or hands-on activities for the students. Ask if there is anything you or the FFA chapter needs to provide. Make the speaker aware of the focus of the day by sharing the questions you will be asking your PALS at the end of the presentation including:*



1. What is a goal?
 2. Tell me about a goal that you would like to accomplish.
 3. Describe what today's speaker does in his/her job.
3. *Collect information about each presenter and be prepared to introduce them and describe their professional experience. It would be a great idea to provide them a small token of appreciation for participating in the event. If you chose to do this, you will need to make arrangements to get a gift.*
 4. *Share your plans with your PALS and make sure they will be there. To prepare for the event, share with your PALS the speaker's jobs and generate questions they might want to ask.*

During the Event:

1. *Welcome the PALS to the event.*



We have an exciting day planned! Today we will learn about a career in agriculture. In any career, individuals make goals to improve their performance, grow as a person and make priorities everyday that will determine how successful they are at their job.

What is a goal?

Why do we write goals?

What are some strategies to help you accomplish your goals?



Not only are we going to learn about a specific career today, we will see a demonstration and learn about goals and priorities. Let's get started.

Introduce the career speaker.

2. Allow the speaker to talk to the PALS and present their demonstration.

3. At the conclusion of the presentation, ask the following questions to the guest speaker:



What are the goals you set out to accomplish in your career?

What progress have you made on those goals?

Describe a time when you had to make a career decision based on priorities.

What did you do and why?

4. Thank the agriculture professional for visiting with the PALS today. Present them with a token of appreciation.



Thank you so much for joining us today and sharing about your career.

Students, let's share three new facts we learned today from the presentation. Who will go first?

Let's give our presenter a round of applause.

5. Complete the day's activities by going over the connection questions on the next page.

CONNECTION QUESTIONS

Discuss with your PALS the following questions:

1. What is a goal?
2. Tell me about a goal that you would like to accomplish.
3. Describe what today's speaker does in his job.

WRAP UP



We will each chose a career in the future. This career may or may not directly tie to agriculture, but it will require you to set goals and make decisions based on your priorities.