



100% COMMITTED WORKSHOP REFLECTION GUIDE

Directions: After watching the workshop, complete the reflection questions below.

1. Which part of this workshop stood out to you the most? Why?
2. How can this workshop help you grow as a leader?
3. How can you use what you learned in your chapter?
4. What goal do you have for this school year? How can you stay committed to this goal?
5. What does it mean to commit to someone else? Why it is important to stay committed?

6. Use the space below to write out what you are going to share in your commitment video. Be sure to post it and tag #FFACommitted.

