

REACHING NEW HEIGHTS

Advisor's Guide to personal growth and leadership development

Lesson Number: **RNH.2.4**

Ethics and Values

Purpose:

This activity is to enhance group growth by providing the members with an opportunity to get to know one another even better and more personally.

Quick Reference:

Time Required:

50 minutes

Objectives:

After completing this lesson, students should be able to:

1. Evaluate areas of life that are most significant to one's self.
2. Evaluate character traits one has and put them in picture form.
3. Share with classmates character traits selected and why.

Materials:

- ✓ RNH.2.4.AS.A – one per student
- ✓ RNH.2.4.AS.B – one per student
- ✓ RNH.2.4.AS.C – one per student
- ✓ Colored pencils, markers, or crayons

Directions:

Students will have the opportunity to put on paper in a picture form the things that are most important to them in their lives.

1. Activity: Coat of Arms
2. To begin the activity, give each participant a copy of RNH.2.4.AS.A. Ask each person to complete the personal assessment. This will be used for the next part of the activity.
3. Once all students have completed RNH.2.4.AS.A then pass out RNH.2.3.AS.B and colored pencils or markers or crayons to all students. Instruct each participant to design their own coat of arms, substituting pictures or symbols for the information that you answered the personal questions with.
4. Once all students have completed the task of making their own coat of arms have them display them around the room and then allow the students time to share with the class their coat of arms and what they signify in their life.
5. At the end of class have students complete RNH.2.4.AS.C.





Connection Questions:

1. Why did you choose the items that you did for your coat of arms?
2. Would other people use the same descriptions as you did? Why or why not?
3. Is it hard evaluating one's self when it comes to character traits? Why or why not?

LifeKnowledge Connections:

Precept(s) Addressed:

Action

A8. Evaluate and reflect on actions taken and make appropriate modifications.

Character

- D1. Live with integrity.
- D2. Accurately assess my values.

LK Lesson Suggestion:



HS.34 – The Consequences of Ethics

HS.35 – Professional Ethics and Personal Character



Name: _____

Date: _____

1. List three things you are very good at and star the one you are most proficient at.

1.

2.

3.

2. List three things you value the most and star the one that holds the most value to you.

1.

2.

3.

3. List the material possession most significant to you.

4. What is your greatest achievement?

5. Write your personal motto that you live by (5-10 words).

6. What three words would you most like to have said about you after you die?

1.

2.

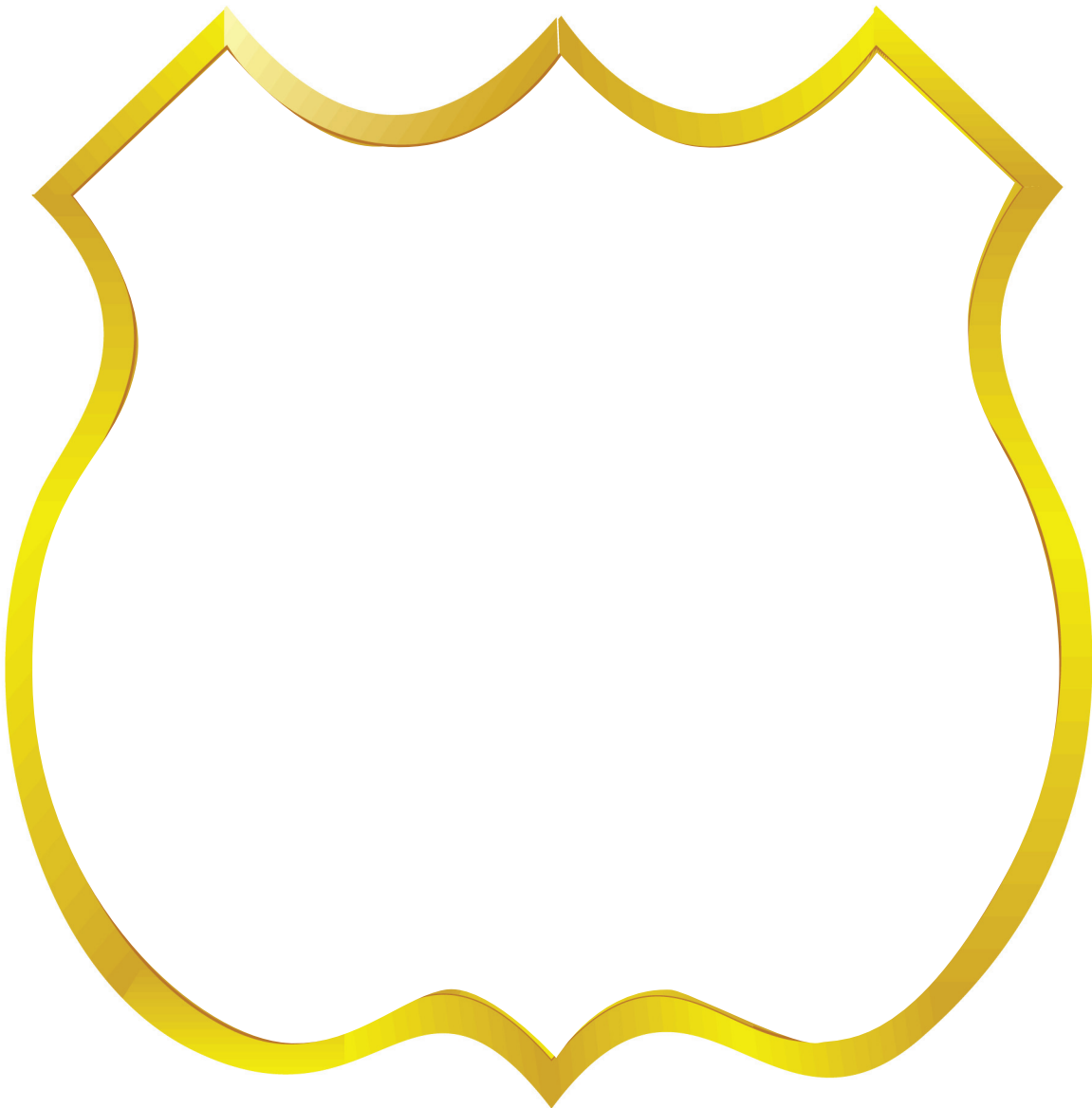
3.



Name: _____

Date: _____

Coat of Arms





Name: _____

Date: _____

Ethics and Values

Find the following terms in the puzzle:

- honesty
- truthfulness
- respect
- fairness
- loyal
- love
- intangible
- credibility
- virtue
- value

P	L	J	A	C	W	E	X	U	E	T	H	L	L	L	B
C	Z	S	O	D	U	V	C	C	E	L	O	I	Y	Y	E
U	R	S	S	V	L	O	I	L	P	H	N	I	T	F	D
Y	D	E	C	E	Y	L	B	G	A	G	E	K	I	S	T
P	M	Q	S	B	N	I	D	Y	L	K	S	B	L	O	G
W	D	K	B	P	G	L	P	A	K	G	T	E	I	O	H
P	V	K	K	N	E	K	U	X	E	R	Y	T	B	N	E
Z	I	M	A	M	I	C	B	F	W	U	P	L	I	K	D
G	V	T	B	I	V	G	T	J	H	S	O	D	D	S	O
I	N	F	A	I	R	N	E	S	S	T	Y	V	E	N	E
I	D	O	R	L	G	C	K	K	M	B	U	V	R	A	B
X	T	T	Z	L	A	W	A	I	O	B	Z	R	C	S	W
R	U	Y	B	N	J	Y	C	C	S	X	V	I	T	E	X
E	N	D	O	S	E	A	O	I	V	T	C	K	I	Y	N
U	G	P	C	I	N	K	A	L	L	B	E	U	L	A	V
X	T	Y	K	H	W	V	E	R	Y	W	F	M	H	G	C



Ethics and Values

Select three of the terms on the previous page and write the definitions below:

- _____

- _____

- _____



P	L	J	A	C	W	E	X	U	E	T	H	L	L	L	B
C	Z	S	O	D	U	V	C	C	E	L	O	I	Y	Y	E
U	R	S	S	V	L	O	I	L	P	H	N	I	T	F	D
Y	D	E	C	E	Y	L	B	G	A	G	E	K	I	S	T
P	M	Q	S	B	N	I	D	Y	L	K	S	B	L	O	G
W	D	K	B	P	G	L	P	A	K	G	T	E	I	O	H
P	V	K	K	N	E	K	U	X	E	R	Y	T	B	N	E
Z	I	M	A	M	I	C	B	F	W	U	P	L	I	K	D
G	V	T	B	I	V	G	T	J	H	S	O	D	D	S	O
I	N	F	A	I	R	N	E	S	S	T	Y	V	E	N	E
I	D	O	R	L	G	C	K	K	M	B	U	V	R	A	B
X	T	T	Z	L	A	W	A	I	O	B	Z	R	C	S	W
R	U	Y	B	N	J	Y	C	C	S	X	V	I	T	E	X
E	N	D	O	S	E	A	O	I	V	T	C	K	I	Y	N
U	G	P	C	I	N	K	A	L	L	B	E	U	L	A	V
X	T	Y	K	H	W	V	E	R	Y	W	F	M	H	G	C