

GROW YOUR PALS PROGRAM GUIDE



THE NATIONAL FFA MENTORING PROGRAM

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LESSON 53

Flower Power

Unit:
PLANT SCIENCE

PRECEPTS

B. Relationships

- B1. Practice human relation skills including compassion, empathy, unselfishness, trustworthiness, reliability and listening



Lesson Type:
One-on-One

NATIONAL STANDARDS

NS.K-4.1 Science as Inquiry

STUDENT LEARNING OBJECTIVES

As a result of this lesson, the student will ...

1. Collect and dry flowers.
2. Create an art project from the dried flowers.





TIME

(Pre-preparation time: 3-5 days)
Instruction time for this lesson: **15 minutes.**
(Follow-up time 3-5 days later.)



RESOURCES

None



TOOLS, EQUIPMENT AND SUPPLIES

-  **small flowers** – freshly picked and pre-dried
-  **paper towels**
-  **newspaper**
-  **heavy books**
-  **construction paper**
-  **markers**
-  **glue**

KEY TERMS



The following term is presented in this lesson and appears in ***bold italics***:
None

* ***Pre-preparation:*** *prepare some dried flowers BEFORE meeting with your PALS so that you can create the entire project with him or her, as well as teaching your PALS how to dry flowers. Use the steps from Objective 1. below to prepare dried flowers three to five days before meeting with your PALS.*

INTEREST APPROACH

Talk with your PALS about the flowers. Discuss that flowers are very fragile and how they only last for a short while. Discuss how long they think these flowers will last.



As you can see, there are many different kinds of flowers that I brought with me today. Let's talk about how these flowers are alike and different.

What if we could make flowers last forever? If you gave these flowers to your mom today, do you think they would look the same tomorrow? How do you think we could get these flowers to last longer?

SUMMARY OF CONTENT AND TEACHING STRATEGIES

OBJECTIVE 1. | Collect and dry flowers.



If permitted, take a nature walk to collect flower samples. If not permitted, already have flower samples collected to begin drying.



Share the following steps with your PALS.

- A. Take a nature walk to collect flower samples.
- B. Absorb the water out of the petals using paper towels and newspaper.
- C. Place a heavy book on top of the paper towels and newspaper.

Have your PALS place the flowers inside sheets of paper towels. Then place the paper towels into many sheets of newspaper. Weigh it down with a heavy book.



Remind your PALS to check the flowers in a few days to see if they are completely dried out. If not, replace the book over them and wait until they are dry



Why do you think it is important to weigh the flowers down with a book?

OBJECTIVE 2. | Create an art project from the dried flowers.



Once the flowers have been dried, let your PALS know that you will be creating thank-you cards from your flower samples. These cards will be sure to brighten up someone's day. Show them how to glue their flowers to their construction paper.



Sometimes the best way to cheer someone up is with a greeting card. The best cards, though, are ones created with thought and love. Think about somebody in your life who could use a note from you to brighten his or her day – a teacher, a parent or grandparent, an elderly neighbor, etc.

Discuss how showing compassion and unselfishness toward others through kind gestures such as a card is simple and really brightens someone's day.



Now that you have that person in mind, let's make a card. Your flowers that we just pressed will take a few days until they are ready to use, so I brought some flowers I already dried with me for us to use today.

Utilize the *Hole-in-One Moment* to practice making a card. Mimic each step and then actually perform the steps by making a card.



First, fold the construction paper like a hamburger to create a card. Next, remove the stems so that we have only the head of the flower left. We can draw stems later if that is part of the design. Third, place a dot of glue on the construction paper where you want the flower to be – make sure it doesn't hang over an edge. Finally, place the flower on the glue being careful not to break any of the petals.



Once the glue dries, we can write a nice message on the card and you can deliver it to the person you selected.



REVIEW/SUMMARY/EVALUATION



So, now that we created one card together, and you've prepared some flowers of your own to dry, you can create more cards on your own whenever you want!

APPLICATION



Large Group Suggestion: *Work with the entire class to dry flowers and create thank-you cards for their parents.*



Continued One-on-One Discussion/Activity: *Identify additional ways to dry flowers. Hang flowers upside down, or dry them in a microwave using desiccating pellets.*