

Ingredient	Brand	Cost per lb	Serving Size	Calories	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Added Sugars	Protein	Potassium	Vitamin C	Calcium	Iron	Vitamin D	Allergens
			(grams)		(grams)	(grams)	(grams)	(milligrams)	(milligrams)	(grams)	(grams)	(grams)	(grams)	(grams)	(IU)	(mg)	(mg)	(mg)	(mg)	
Beef Tender Bites	Jack Links	\$18.08	100.00	285.71	5.36	1.79	0.00	89.29	1107.14	25.00	0.00	25.00	25.00	32.14	678.57	0.00	71.43	3.57	0.00	N/A
Turkey Pepperoni	Hormel	\$12.81	100	250	14.29	5.36	0.12	142.86	2285.71	2.01	0	0.15	0	32.14	300	0	2.71	1.43	0	N/A
Cheese Crisps	Whisps	\$23.36	100	599.65	49.38	35.27	0.00	141.09	1164.02	3.53	0.00	0.00	0.00	35.27	142.86	0.00	1164.02	0.35	0.00	Milk
Goldfish Crackers	Pepperidge Farm	\$4.16	100	466.67	16.67	3.33	0.00	33.33	833.33	66.67	<1	0.00	0.00	10.00	166.67	0.00	133.33	4.33	0.00	Wheat, Milk
Pumpkin Seeds/ Pepitas	Nuts.com	\$7.20	100	442.86	17.86	3.57	0.00	0.00	403.57	53.57	10.71	3.57	0.00	17.86	785.71	0.00	78.57	0.00	0.00	N/A
Corn Nuts	Hormel	\$10.88	100	458.33	16.67	2.08	0	0	583.33	72.92	4.17	0	0	8.33	0	0	0	1.46	0	N/A
Gummy Bears/ Worms	Albanese	\$5.76	100	321.43	0.00	0.00	0.00	0.00	35.71	71.43	0.00	42.86	43.33	7.14	0.00	0.00	14.29	0.00	0.00	N/A
Dried Pineapple Fruit	Nuts.com	\$6.75	100	370	0	0	0	0	290	92.5	2.5	77.5	77.5	0	95	0	65	2	0	N/A
Yogurt Covered Fruit	Sun-Maid	\$8.96	100	438.60	19.30	17.54	0.00	0.00	43.86	68.42	<1	61.40	0.00	3.51	392.86	0.00	87.72	0.88	0.00	Milk, Soy
Package Options	Cost per item																			
Plastic Pouch	\$0.12																			
Paper Pouch	\$0.18																			
Plastic Cup + Lid	\$0.25																			