



UNIT 6: TRADE AND MARKETING

Quick Lesson:

My Food Heritage

Grade level: Primary

Student Learning Objective

By the end of this lesson, students will be able to:

1. Identify the favorite foods of their families over the years.

Time: 15 minutes plus at-home time with parents

Tools, Equipment, and Supplies: Copies of Activity Sheet 19:1

Background Information

Most families have favorite foods and recipes that have been passed down. This lesson would be started at the end of one day and then continued the next school day.

Interest Approach

Let's think about breakfast, lunch, and dinnertime for each of our families. Think about family holiday times that your family comes together and enjoys a meal. Raise your hand if there are some family food favorites that you just can't wait to eat. Channel your brainpower and capture your answers on a sheet of paper.

Allow approximately one minute for students to write and call for a few responses.

OBJECTIVE 1: Identify the favorite foods of your family over the years.

Hand out the Activity Sheet 19:1, "My Food Heritage."

We like to enjoy some of our favorite family foods; let's find out what some of our parents' or guardians' favorite family foods are. For homework, talk with your parents and family members about a favorite family food. Capture everyone's thoughts and write a story about your family's favorite foods or draw a picture of the foods.



NOTES

SUMMARY/REVIEW

To make the activity come to life, it is important to bring students back together after they have had time to talk with their families and have them share what they learned.

I hope all of you had the chance to talk with your families about some of your families' favorite specialty foods. Who will share what you wrote or what you drew?

Call on all those who wish to share as time permits.

Great! In addition to what you wrote or drew, what did you learn from your family that you did not know before?

Call on all those who wish to share as time permits.

Thank you for sharing your families' favorite foods with the group. I encourage you to share recipes and try out each other's family favorites.

REFLECTIVE REVIEW QUESTIONS:

- What are some of the foods we learned about from our families?
- What agricultural products are common among all of the foods we shared about today?

[illegible]