

Name: _____

Appendix 5: Digging Into History

Part 1

Directions:

Read the article “Digging Into History” in the fall 2023 issue of *FFA New Horizons* and answer the questions below.

1. What was Makayla’s biggest “problem” when she decided she wanted to be a farmer?
2. What was her solution to the “problem”?
3. List three of the jobs mentioned in the article that FFA members help complete at Penn Farm.



4. Fill in the chart with historical facts about Penn Farm.

Founding Date	Founder Name	Number of Acres	Location	Reason

5. The historical parcel of land later became known as what?
6. The land was eventually divided into tenant farms. What products were grown on these farms?

7. Fill in the chart with current facts about Penn Farm:

Number of Acres at Penn Farm	Who manages the land?	Which high school tends the land?

8. In your own words, describe what William Penn High School uses the Penn Farm for.
9. What makes the program at William Penn High School so impactful?

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In 2021 ...	
How many pounds of produce were harvested at Penn Farm to be used for the school district's summer meal program?	How many meals were created from that produce for the school district's summer meal program?
_____ pounds	_____ meals

10. What is one of the biggest rewards of working on Penn Farm for student Makayla Counts?

11. Define the following agriculture terms and/or acronyms:

Farm to School	CSA (Community Supported Agriculture)	OSHA (Occupational Safety and Health Administration)

12. Student Thomas Seay is using his time at Penn Farm for his supervised agricultural experience and his agriscience fair project. Describe what those project subjects are below:

❖ Supervised agricultural experience:

❖ Agriscience fair project:

13. Describe in your own words the leadership opportunities the students below have received because of their time on Penn Farm.

Makayla Counts	Thomas Seay

14. How can having an experience like Thomas and Makayla have an impact on your future career goals?

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Part 2

Directions:

Using the links below, answer the questions to learn more about Farm to School and Community Supported Agriculture.

National Farm to School: <https://www.farmtoschool.org/about/what-is-farm-to-school>

- 1. Explain what farm to school means.
- 2. Define the three core elements of the farm-to-school program:



- 3. Complete the chart with the statistics at the bottom of the website. Are these numbers good or bad? Why?

Number of Schools Participating	Percentage of Schools in the US	Number of Students Engaged	Amount of Money Spent on Local Food	Number of States with Supportive Policies	Number of National Farm-to-School Network Members

- 4. Click “Get Started” and under number 4, click “Our Network.” Choose your state from the map. Below, list TWO partners with your state’s farm-to-school program (if your state only has one partner, list just one).

Community Supported Agriculture: <https://www.localharvest.org/csa/>

- 1. Explain what community supported agriculture (CSA) is.
- 2. List below two advantages of CSAs for farmers and two advantages of CSAs for consumers:

ADVANTAGES FOR FARMERS	ADVANTAGES FOR CONSUMERS
1.	1.
2.	2.

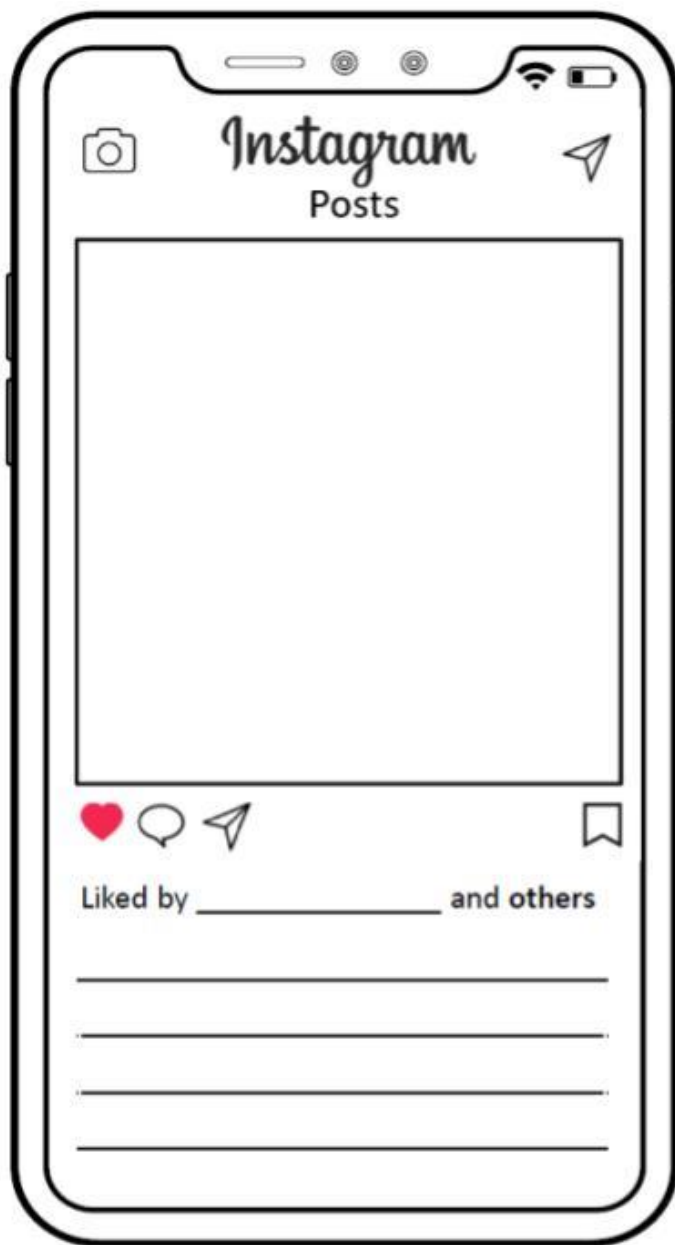
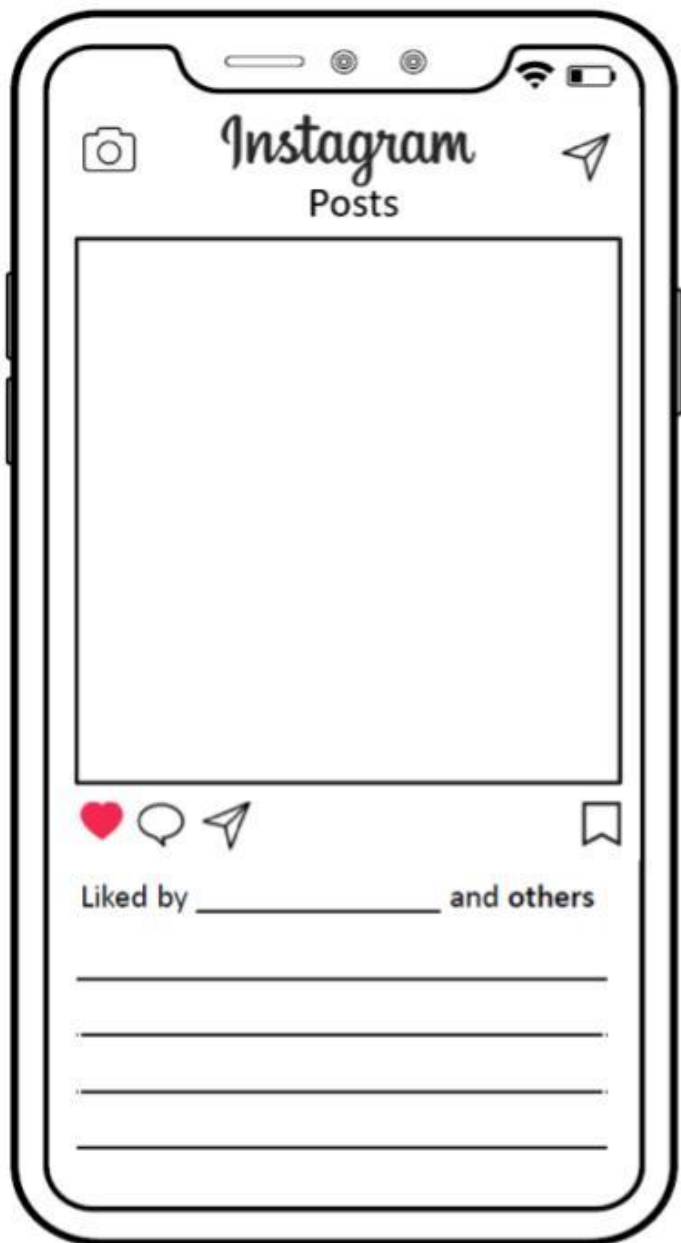
- 3. Click on “Find a Local CSA” and list TWO farms near you that offer CSAs. Have you heard of them? Would you visit them?

Name: _____

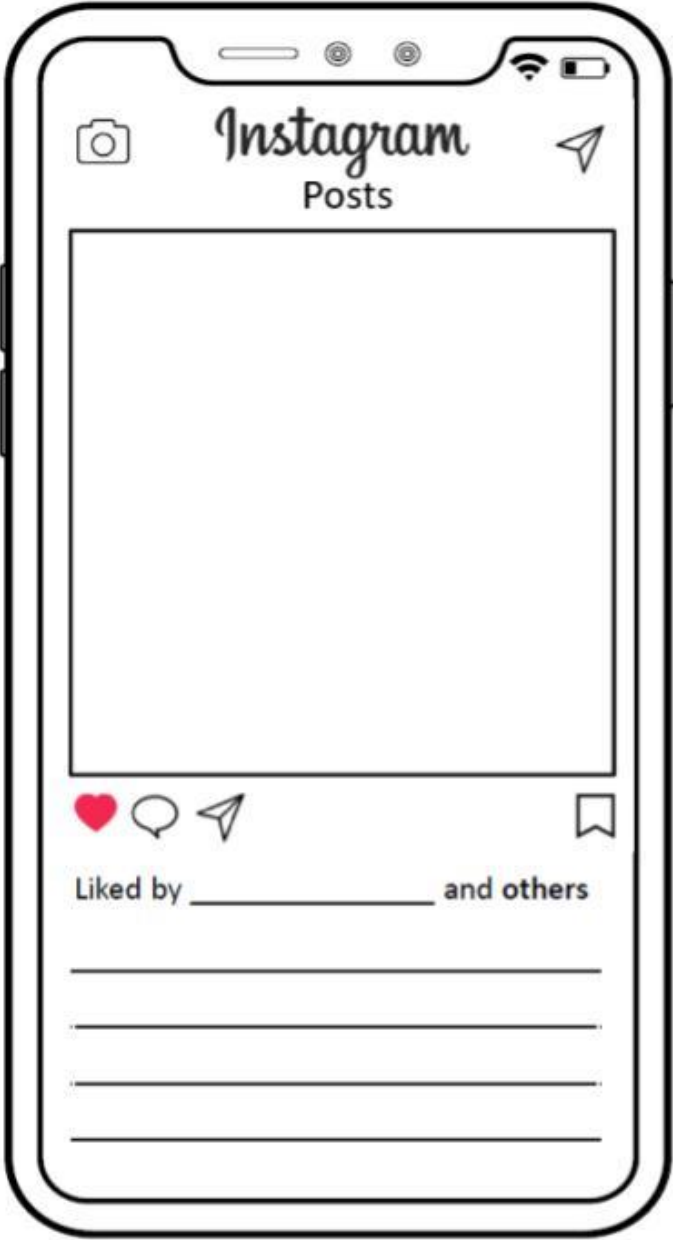
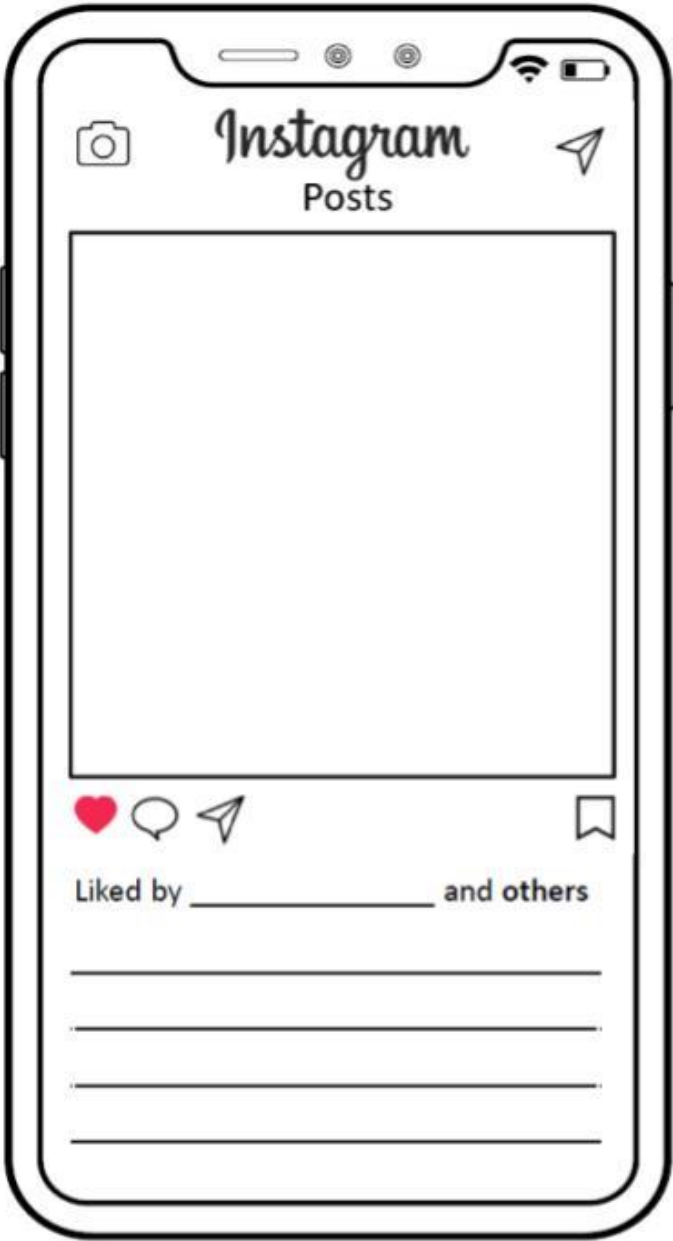
Part 3

Directions:

Imagine you are the reporter of the William Penn High School FFA Chapter. Create four posts for the Penn Farm Instagram account that advertises and educates about the farm-to-school program and the CSA. Use the history of the farm, facts and quotes from the article to enhance your post content. Draw a photo and create a caption for each post, including catchy hashtags.



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KEY: Appendix 5: Digging Into History

Part 1

Directions:

Read the article “Digging Into History” in the fall 2023 issue of *FFA New Horizons* and answer the questions below.

1. What was Makayla’s biggest “problem” when she decided she wanted to be a farmer?

She did not grow up on a farm and had no experience growing crops or raising animals.

2. What was her solution to the “problem”?

She enrolled at William Penn High School.

3. List three of the jobs mentioned in the article that FFA members help complete at Penn Farm.

- ❖ Answers could include feed goats and chickens, gather eggs, clean coops and stalls, grow fruits and vegetables and cultivate ornamental plants.
- ❖
- ❖

4. Fill in the chart with historical facts about Penn Farm.

Founding Date	Founder Name	Number of Acres	Location	Reason
1701	William Penn	1,000 acres	New Castle, Del.	Benefit of local citizens

5. The historical parcel of land later became known as what?

New Castle Common

6. The land was eventually divided into tenant farms. What products were grown on these farms?

Corn, peaches, cattle, pigs and chickens

7. Fill in the chart with current facts about Penn Farm:

Number of Acres at Penn Farm	Who manages the land?	Which high school tends the land?
100 acres	Trustees of New Castle Common	William Penn High School

8. In your own words, describe what William Penn High School uses the Penn Farm for.

Answers will vary but should include “provide hands-on education in plant and animal science and to supply nutritious foods to students within the Colonial School District.”

9. What makes the program at William Penn High School so impactful?

The farm is in an urban school district where students don’t have a lot of exposure to agriculture.

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In 2021 ...	
How many pounds of produce were harvested at Penn Farm to be used for the school district's summer meal program?	How many meals were created from that produce for the school district's summer meal program?
17,168 pounds	141,000 meals

10. What is one of the biggest rewards of working on Penn Farm for student Makayla Counts?

Knowing that 50% of the food is served to her fellow students

11. Define the following agriculture terms and/or acronyms.

Farm to School	CSA (Community Supported Agriculture)	OSHA (Occupational Safety and Health Administration)
When a school sources their fresh foods locally from a nearby farm or they are grown on campus	Community supported agriculture is a marketing program where consumers purchase shares from a farm's produce.	Occupational Safety and Health Administration

12. Student Thomas Seay is using his time at Penn Farm for his supervised agricultural experience and his agriscience fair project. Describe what those project subjects are below:

- ❖ Supervised agricultural experience: poultry project where he raises Silver Phoenix and Polish chickens, mallard and Pekin ducks
- ❖ Agriscience fair project: growing black soldier flies to feed to the flock for treats

13. Describe in your own words the leadership opportunities the students below have received because of their time on Penn Farm.

Makayla Counts	Thomas Seay
Answers will vary.	Answers will vary.

14. How can having an experience like Thomas and Makayla have an impact on your future career goals?

Answers will vary.

Name: _____

Part 2

Directions:

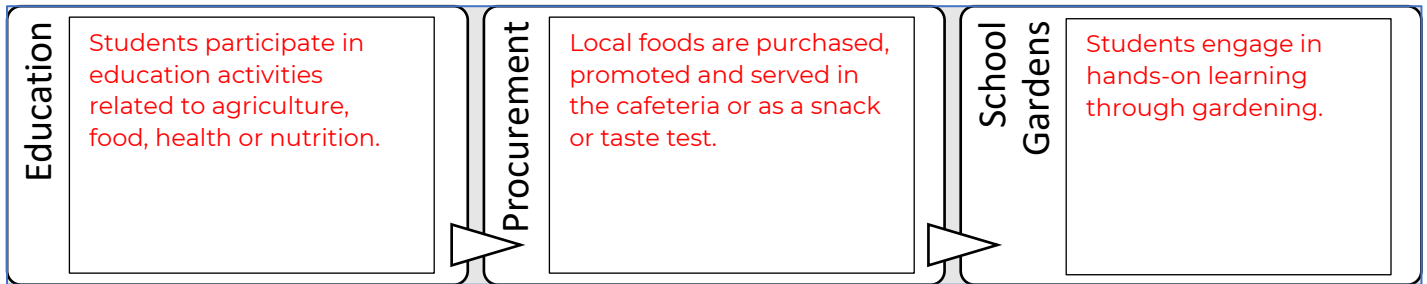
Using the links below, answer the questions to learn more about Farm to School and Community Supported Agriculture.

National Farm to School: <https://www.farmtoschool.org/about/what-is-farm-to-school>

1. Explain what farm to school means.

Farm to school enriches the connection communities have with fresh, healthy food and local food producers by changing food purchasing and education practices at schools and early care and education sites.

2. Define the three core elements of the farm-to-school program:



3. Complete the chart with the statistics at the bottom of the website. Are these numbers good or bad? Why?

Answers will vary.

Number of Schools Participating	Percentage of Schools in the US	Number of Students Engaged	Amount of Money Spent on Local Food	Number of States with Supportive Policies	Number of National Farm-to-School Network Members
67,300+	65%	42.8 million	\$1.26 billion	46	20,000+

4. Click "Get Started" and under number 4, click "Our Network." Choose your state from the map. Below, list TWO partners with your state's farm-to-school program (if your state only has one partner, list just that one).

Answers will vary depending on your state.

Community Supported Agriculture: <https://www.localharvest.org/csa/>

1. Explain what community supported agriculture (CSA) is.

A farmer offers a certain number of "shares" to the public, which may consist of a box of vegetables; it is sort of like a subscription or membership.

2. List two advantages of CSAs for farmers and two advantages of CSAs for consumers:

ADVANTAGES FOR FARMERS	ADVANTAGES FOR CONSUMERS
1. Answers may vary as they select from the list.	1. Answers may vary as they select from the list.
2.	2.

3. Click on "Find a Local CSA" and list TWO farms near you that offer CSAs. Have you heard of them? Would you visit them?

Answers will vary depending on your state.

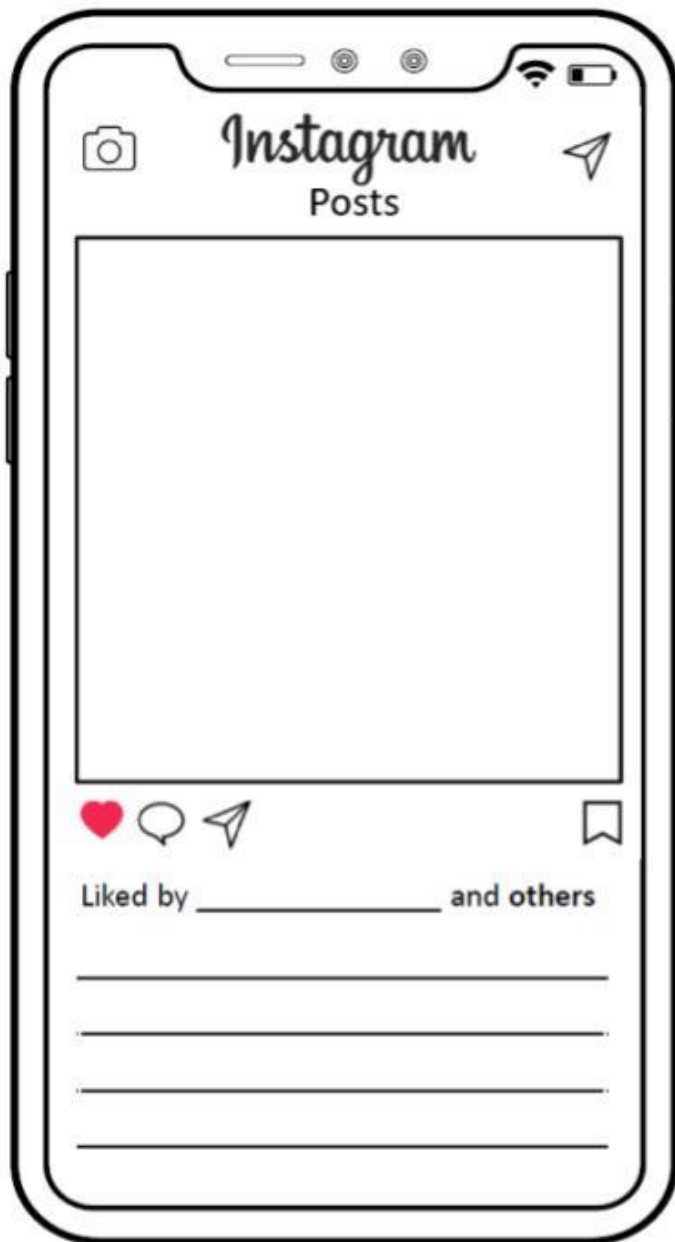
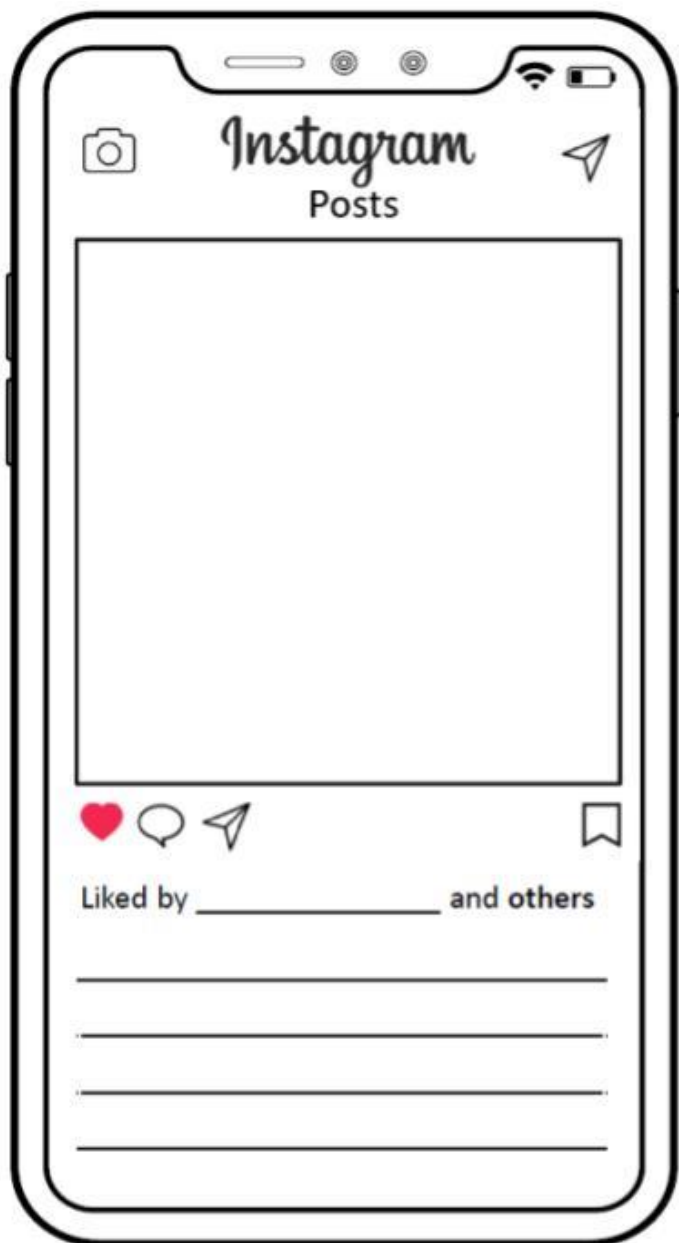
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DRAWINGS AND POSTS WILL VARY.



Name: _____

