



Lesson Plan

HATCH a Plan

Created: 01/2025 by the National FFA Organization

STUDENT LEARNING OBJECTIVES

After completing these activities students will...

1. Describe the benefits of consuming eggs.
2. Discover how the HATCH program is working to address food insecurity.
3. Design a community service project for the FFA chapter to complete.
4. Analyze the impact of the community service project.

TIME REQUIRED: 90 minutes

RESOURCES:

1. FFA.org
2. Video: *How Eating an Egg Impacts Your Health*, <https://www.incredibleegg.org/nutrition/nutrition-education-materials/videos/>
3. Website: *HATCH Program*, <https://www.hatchforhunger.com/>

EQUIPMENT AND SUPPLIES NEEDED:

1. A copy of the "HATCH a Plan for Service" worksheet for each student.
2. Internet access to play the video in real time or embed it in a PowerPoint ahead of time.

THIS QUICK LESSON PLAN WOULD WORK WELL AS:

1. As a portion of a service learning lesson/unit.

THESE ACTIVITIES ARE ALIGNED TO THE FOLLOWING STANDARDS:

FFA Precept

- FFA.PL-A.Action: Assume responsibility and take the necessary steps to achieve the desired results, no matter what the goal or task at hand.
- FFA.PL-D.Character: Conduct oneself appropriately in relation to others regardless of the situation.
- FFA.PG-H.Social Growth: Successfully interact with others and adapt to various social situations.
- FFA.CS-M.Communication: Effectively interact with others in personal and professional settings.

AFNR Cluster Skills

- CS.01. Analyze how issues, trends, technologies and public policies impact systems in the Agriculture, Food & Natural Resources Career Cluster.

Common Core- Writing

- CCSS.ELA-LITERACY.W.9-10.3 Write narratives to develop real or imagined experiences or events using effective technique, well-chosen details, and well-structured event sequences.
- CCSS.ELA-LITERACY.W.9-10.4 Produce clear and coherent writing the development, organization, and style are appropriate to task, purpose, and audience.
- CCSS.ELA-LITERACY.W.9-10.6 Use technology, including the Internet, to produce, publish, and update individual or shared writing products, taking advantage of technology's capacity to link to other information and to display information flexibility and dynamically.

Common Core- Speaking and Listening

- CCSS.ELA-LITERACY.SL.9-10.1 Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grades 9-10 topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively.
- CCSS.ELA-LITERACY.SL.9-10.2 Integrate multiple sources of information presented in diverse media or formats (e.g., visually, quantitatively, orally) evaluating the credibility and accuracy of each source.
- CCSS.ELA-LITERACY.SL.9-10.5 Make strategic use of digital media (e.g., textual, graphical, audio, visual, and interactive elements) in presentations to enhance understanding of findings, reasoning, and evidence and to add interest.

AFNR Career Ready Practices

- CRP.04. Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas

and action plans with clarity, whether using written, verbal and/or visual methods.

- CRP.05. Consider the environmental, social and economic impact of decisions. Career-ready individuals understand the interrelated nature of their actions and regularly make decisions that positively impact and/or mitigate negative impact on other people, organizations and the environment.
- CRP.06. Demonstrate creativity and innovation. Career-ready individuals regularly think of ideas that solve problems in new and different ways, and they contribute those ideas in a useful and productive manner to improve their organization.
- CRP.08. Utilize critical thinking to make sense of problems and persevere in solving them. Career-ready individuals readily recognize problems in the workplace, understand the nature of the problem, and devise effective plans to solve the problem.

Partnership for 21st Century Skills

- Collaboration
- Communication
- Critical Thinking and Problem Solving
- Leadership and Responsibility
- Productivity and Accountability
- Think Creatively

LESSON PLAN:

- 1. Introduction:** Have the students write down their most memorable act of service. Have a few students share with the class. Have the students write down how it made them feel? Ask the class if they would do more service if they could?

This will give them the opportunity to expand their service.

- 2. Activity:**

- a. **Part 1:** Show the video *How Eating an Egg Impacts Your Health*, <https://www.incredibleegg.org/nutrition/nutrition-education-materials/videos/>.
 - i. Each student needs a copy of the handout "HATCH a Plan for Service." They will record their thoughts, things they found interesting, questions, etc., on the first page while watching the video.
 - ii. Have students share. And further discuss:
 1. What are the positive benefits of consuming eggs?
 2. How could providing eggs to families across the country help communities?
 - b. **Part 2:** Direct students to the website *HATCH Program*, <https://www.hatchforhunger.com/>.
 - i. Have students explore the site to learn about the HATCH program and record thoughts on the worksheet.
 - ii. At the completion of the video and exploration have the students discuss their thoughts in small groups. Have groups share out their thoughts with the entire class.
 1. *Tip: Set a time limit to stay on track.*
 - c. **Part 3:** After the discussion have the students work in teams to design a community service project for the FFA chapter.
- 3. Follow-up:** Have students share their service projects with the class. Have each class pick the best one and then, have the chapter vote on the best one to complete. Upon completion of the project complete an impact report.

NAME: _____

Aligned to the following standards:
FFA.PL-A; FFA.PL-D; FFA.PG-H; FFA.CS-M; CS.01; CCSS.W.9-10.3; CCSS.W.9-10.4; CCSS.W.9-10.6; CCSS.SL.9-10.1; CCSS.SL.9-10.2; CCSS.SL.9-10.5; CRP.04; CRP.05; CRP.06; CRP.08

HATCH a Plan for Service

DIRECTIONS:

Part 1: Watch the video *How Eating an Egg Impacts Your Health*, <https://www.incredibleegg.org/nutrition/nutrition-education-materials/videos/>. Use this page to record your thoughts, things you find interesting, questions, etc., while watching the video.

Thoughts or Opinions

Part 2: Watch the video *Follow the HATCH for Hunger Eggs*. Use this page to record the answer while watching the video.

1. In your own words, what is the HATCH program?

HATCH Mission	HATCH Vision	HATCH Values
		1. 2. 3. 4.

2. How does providing eggs throughout the country help communities?
3. What impact do you think the HATCH program is having on communities through their mission, vision, and values?

Part 3: Design a community service project your FFA Chapter can complete. You will need to include the following information in a presentation (i.e. PowerPoint, Prezi, poster).

1. Project Description:

a. Who:

b. What:

c. When:

d. Where:

e. Why:

2. Budget/Cost of project (if applicable):

3. Projected impact:

4. Timeline (if prior planning needed):

KEY: HATCH a Plan for Service

DIRECTIONS:

Part 1: Watch the video *How Eating an Egg Impacts Your Health*, <https://www.incredibleegg.org/nutrition/nutrition-education-materials/videos/>. Use this page to record your thoughts, things you find interesting, questions, etc., while watching the video.

Thoughts or Opinions

Answers will vary.

Part 2: Watch the video *Follow the HATCH for Hunger Eggs*. Use this page to record the answer while watching the video.

1. In your own words, what is the HATCH program?

The HATCH program works with food banks across the country to provide valuable protein in communities.

HATCH Mission	HATCH Vision	HATCH Values
HATCH is working to "Build a protein secure & sustainable supply chain."	HATCH is working to deliver over 300+ meals (rich in protein) each year to change eating habits and support communities with education. This will in turn improve lives.	1. Communit-Centered 2. Humility 3. Sustainability 4. Generational Change

2. How does providing eggs throughout the country help communities?

It provides protein-rich meals that helps support hunger. Additionally, it helps to educate communities on eating habits.

3. What impact do you think the HATCH program is having on communities through their mission, vision, and values?
Answers will vary.