



High School

National FFA Organization

Lesson HS.121

HOW DOES FFA APPLY TO MY LIFE.

Unit. FFA: An Integral Component of Agricultural Education

Problem Area. Why Get Involved in Organizations.

Precepts. 15: Demonstrate exemplary employability skills.

National Standards. NL-ENG.K-12.7 — Evaluating Data — Students conduct research on issues and interests by generating ideas and questions, and by posing problems. They gather, evaluate, and synthesize data from a variety of sources to communicate their discoveries in ways that suit their purpose and audience.



Student Learning Objectives. As a result of this lesson, the student will ...

- 1 Develop a personal program of activities for premier leadership.
- 2 Develop a personal program of activities for personal growth.
- 3 Develop a personal program of activities for career success.



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Time. Instruction time for this lesson: 100 minutes.



Resources

National FFA Organization. FFA Student Handbook. Indianapolis, Indiana.

National FFA Organization, 2003.

ffa.org

National FFA Organization's Essential Learnings materials, 2002.



Tools, Equipment, and Supplies

- ✓ Markers
- ✓ Paper
- ✓ Web access or FFA Student Handbooks
- ✓ Overhead projector
- ✓ HS.121.AS.A—one per student
- ✓ HS.121.AS.B—one per student
- ✓ HS.121.AS.C—one per student
- ✓ HS.121.Assess—one per student
- ✓ HS.121.TM.A
- ✓ HS.121.TM.B
- ✓ HS.121.TM.C



Key Terms. The following terms are presented in this lesson and appear in bold italics:

- ▶ Premier leadership
- ▶ Personal growth
- ▶ Career success
- ▶ Program of Activities
- ▶ Personal Program of Activities



Interest Approach



Today is a particularly exciting day, because we are going to talk about how you can apply what you learn in FFA to your life. How often do you get to spend a whole day or two making sense out of something. The lesson could be the beginning of a new chapter in your life. I urge you to take things presented seriously and to honestly reflect on your actions, thoughts, and feelings.

Put students in groups of three to four. Distribute one copy of the chapter program of activities per group. Give students approximately five minutes to identify the purpose of the document. Ask such questions as:





What do you think is the purpose of the document.

There could be many good answers, but the key word is planning. Listen for: inform members of activity dates, personal planning tool, make available to school administrators, let members know what is going on in terms of activities that are available, etc...



Why would FFA chapter need to plan all of its events and activities.

Listen for: get things done on time, so the activities will go smoothly, to achieve chapter awards, etc...



Do you think it is necessary to plan other areas of your life.



Do you think the FFA could fit into your plan.

Briefly explain FFA Program of Activities.



What you actually looked at was an FFA Program of Activities. FFA defines a Program of Activities very simply. The Program of Activities serves as a roadmap or game plan for your chapter.

Explain to students how this lesson will show them how FFA can be applied in their own life. Ask them to be very self-reflective and honest as they develop a roadmap or game plan for their time in FFA.

SUMMARY OF CONTENT AND TEACHING STRATEGIES

Objective 1. Develop a personal program of activities for premier leadership.

I. Develop a personal program of activities for premier leadership. A personal program of activities is a roadmap or game plan for success in your own personal life.

A. Premier leadership defined

1. Influence

B. Principles of premier leadership

1. Vision—setting a clear image of what the future should be

2. Relationships—building a team of trustful and reliable people who understand and appreciate each other

3. Awareness—a quest for understanding of self, community, diversity, environment, and knowledge

4. Character—degree of personal integrity, courage, values, attitude, ethics, humility, perseverance, self-discipline, and responsibility we have



5. Action—demonstration of the skills and competencies needed to achieve the desired results
6. Continuous Improvement—using innovation, intuition, adaptation, life-long learning, and coachability to continuously improve

Using a copy of HS.121.AS.A and the FFA Student Handbook or ffa.org website, have students think about what they can do through FFA to develop premier leadership: vision, relationships, awareness, character, action, continuous improvement.

Remind students that it may not be a specific activity listed in the Handbook or on the website. The only way to develop some of the types of premier leadership may be an idea they create.

Monitor students by walking around the room to answer questions and give suggestions.

After 10–15 minutes or longer, if needed, ask for students who would like to share their personal program of activities to develop premier leadership.

Review Objective 1 with a Crayon Moment.

Objective 2. Develop a personal program of activities for personal growth.

II. Develop a personal program of activities for personal growth

A. Personal growth defined

1. The positive evolution of the whole person

B. Areas of personal growth

1. Emotional—the development of healthy responses to our feelings
2. Mental—the cognitive and intellectual development that allows for the effective application of reasoning, thinking, and coping
3. Social—the successful interaction that respects the differences of diverse and changing society
4. Spiritual—the reflective inner strength that allows us to define our personal beliefs, values, principles, and sense of balance
5. Physical—trying to remain healthy by understanding, respecting, and managing your body's needs
6. Professional—the progressive awareness and application of skills necessary for career success

Using a copy of HS.121.AS.B and the FFA Student Handbook or ffa.org website, have students think about what they can do through FFA to enhance personal growth: emotional, mental, social, spiritual, physical, and professional growth.

Remind students that it may not be a specific activity listed in the Handbook or on the website. The only way to develop some of the types of personal growth may be an idea that is all their own.

Monitor students by walking around the room to answer questions and give suggestions.



After 10–15 minutes or longer, if needed, ask for students who would like to share their personal program of activities to develop personal growth.

Review Objective 2 with a Motion Moment.

Objective 3. Develop a personal program of activities for career success.

III. Develop a personal program of activities for career success

A. Career success defined

1. Continuously demonstrating those qualities and skills necessary to succeed in or further prepare for a chosen profession while effectively contributing to society

B. Areas of Career Success

1. Personal growth—the positive evolution of the whole person in career matters
2. Communications—the means by which interaction takes place
3. Technical/functional—development of technical skills for a particular career area
4. Premier leadership—using influence for career success
5. Flexibility/adaptability—those traits, which allow for an individual to be capable of and willing to change
6. Decision making and implementation—the ability to analyze a situation and execute an appropriate course of action

Using a copy of HS.121.AS.C and the FFA Student Handbook or ffa.org website, have students think about what they can do through FFA to facilitate career success: personal growth, communications, technical/functional, premier leadership, flexibility/adaptability, and decision-making.

Remind students that it may not be a specific activity listed in the Handbook or on the website. The only way to develop some of the types of personal growth may be an idea that is all their own.

Monitor students by walking around the room to answer questions and give suggestions.

After 10–15 minutes or longer, if needed, ask for students who would like to share their personal program of activities to develop career success.

Review Objective 3 with a Choral Response Moment.



Review/Summary

Use an A and Q Moment to review the students' personal programs of success in premier leadership, personal growth, and career success.



►Extended Classroom Activity:

This activity should be continued as two different homework assignments. One assignment should be to re-evaluate the personal program or activity and make changes after more thought. Secondly, the activity should be completed with parents/guardians.

►FFA Activity:

Design a chapter program of activities based on the 16 precepts of leadership. Also students could develop a community plan based on the precepts. Students should design chapter activities that attend to premier leadership, personal growth, and career success.

►SAE Activity:

Design an SAE program of activities using the 16 precepts of leadership. Students should design chapter activities that attend to premier leadership, personal growth, and career success.

✓ Evaluation

A written test, HS.121.Assess, is included to measure objectives 1, 2, and 3.

Answers to Assessment:

Part One: True and False

1. True
2. False
3. False
4. True
5. True

Part Two: Matching

6. a.
7. c.
8. e.
9. b.
10. d.



Part Three: Short Answer

11. Personal

12. Success

13. Communication

14. Implementation

15. Influence



HOW DOES FFA APPLY TO MY LIFE.

►Part One: True and False

Instructions: To the left of the statement, write the word “True” or “False.”

- _____ 1. The definition of premier leadership is “influence.”
- _____ 2. Vision is about demonstrating the skills and competencies needed to achieve the desired results.
- _____ 3. Awareness is the principle of personal growth, which is a question for understanding of self.
- _____ 4. Relationships is the principle of awareness that involves building a team of trustful and reliable people who understand and appreciate each other.
- _____ 5. A personal program of activities is a roadmap for success in your own personal life.

►Part Two: Matching

Instructions: Place the correct letter in the space to the left.

- a. Personal growth
- b. Mental growth
- c. Emotional growth
- d. Spiritual growth
- e. Physical growth

- _____ 6. The positive evolution of the whole person.
- _____ 7. Involves the development of healthy responses to our feelings.
- _____ 8. Involves trying to remain healthy by understanding, respecting, and managing your body’s needs.
- _____ 9. The cognitive and intellectual development that allows for the effective application of reasoning, thinking, and coping.
- _____ 10. The reflective inner strength that allows us to define our personal beliefs.

►Part Three: Short Answer

Instructions: Please write the appropriate word in the blank provided.

11. _____ growth is the positive evolution of the whole person in career matters.
12. Career _____ involves continuously demonstrating those qualities and skills necessary to succeed in or further prepare for a chosen profession while effectively contributing to society.
13. _____ is an area of career success in which interaction takes place.
14. Decision making and _____ is the area of career success involving the ability to analyze a situation and execute an appropriate course of action.
15. The premier leadership area of career success involves using _____ for career success.



PRINCIPLES OF PREMIER LEADERSHIP

Premier Leadership—Influence

- ◆ Vision—setting a clear image of what the future should be
- ◆ Relationships—building a team of trustful and reliable people who understand and appreciate each other
- ◆ Awareness—a quest for understanding of self, community, diversity, environment, and knowledge
- ◆ Character—degree of personal integrity, courage, values, attitude, ethics, humility, perseverance, self-discipline, and responsibility we have
- ◆ Action—demonstration of the skills and competencies needed to achieve the desired results
- ◆ Continuous Improvement—using innovation, intuition, adaptation, life-long learning, and coachability to continuously improve



AREAS OF PERSONAL GROWTH

Personal Growth—The positive evolution of the whole person

- ◆ **Emotional**—the development of healthy responses to our feelings
- ◆ **Mental**—the cognitive and intellectual development that allows for the effective application of reasoning, thinking, and coping
- ◆ **Social**—the successful interaction that respects the differences of diverse and changing society
- ◆ **Spiritual**—the reflective inner strength that allows us to define our personal beliefs, values, principles, and sense of balance
- ◆ **Physical**—trying to remain healthy by understanding, respecting, and managing your body's needs
- ◆ **Professional**—the progressive awareness and application of skills necessary for career success



AREAS OF CAREER SUCCESS

Career success—Continuously demonstrating those qualities and skills necessary to succeed in or further prepare for a chosen profession while effectively contributing to society

- ◆ **Personal growth—the positive evolution of the whole person in career matters**
- ◆ **Communications—the means by which interaction takes place**
- ◆ **Technical/functional—development of technical skills for a particular career area**
- ◆ **Premier leadership—using influence for career success**
- ◆ **Flexibility/adaptability—those traits which allow for an individual to be capable of and willing to change**
- ◆ **Decision making and implementation—the ability to analyze a situation and execute an appropriate course of action**



Directions: The following activity will require you to think of ways to develop premier leadership. Each of the principles of premier leadership is listed below. You may use the FFA Student Handbook or ffa.org if you have trouble thinking of ideas.

- Vision
- Relationships
- Awareness
- Character
- Action
- Continuous improvement



HS.121.AS.B Name: _____

Directions: The following activity will require you to think of ways to develop personal growth. Each of the areas of personal growth is listed below. You may use the FFA Student Handbook or ffa.org if you have trouble thinking of ideas.

- Emotional
- Mental
- Social
- Spiritual
- Physical
- Professional



Directions: The following activity will require you to think of ways to develop career success. Each of the areas of career success is listed below. You may use the FFA Student Handbook or ffa.org if you have trouble thinking of ideas.

- Personal growth
- Communications
- Technical/functional
- Premier leadership
- Flexibility/adaptability
- Decision making and implementation

