



High School

National FFA Organization

Lesson HS.4

THE STAGES OF DEVELOPMENT

Unit.

Introduction to Leadership, Personal Growth, and Career Success

Problem Area.

Introduction

Precepts.

Foundational

National Standards.

NL-ENG.K12-3 - Communication Skills - Students adjust their use of spoken, written, and visual language to communicate effectively with a variety of audiences and for different purposes.



Student Learning Objectives. As a result of this lesson, the student will ...

- 1 Identify the four stages of development.
- 2 Describe activities that promote personal development in each of the four stages.



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Time. Instruction time for this lesson: 50 minutes.



Resources

National FFA Organization's Essential Learnings materials, 2003.



Tools, Equipment, and Supplies

- ✓ Writing surface
- ✓ Transparencies
- ✓ Overhead projector
- ✓ Copies of HS.4.Assess-one per student
- ✓ Assortment of markers
- ✓ Colored or white 8.5" × 11" paper
- ✓ Key Terms. There are no terms presented in this lesson.



Key Terms. There are terms presented in this lesson.



Interest Approach

Create student curiosity by conducting a "brain-teaser" activity that challenges students to figure out the sequence of four letters, "m, w, d, and s." The four letters stand for the four stages of development: me, we, do, and serve. However, do not reveal what the letters stand for just yet. Allow time for students to wonder out loud. Place the four letters-D, M, S, and W-on the writing surface. Present the following instructions.



Notice the four letters written here. They are a part of a secret code. You have been selected by the United States Military to crack the code. Your challenge is to put the letters in the correct order. Raise your hand when you think you have the answer and I will tell you how many out of the four letters you have correct. I will record your guesses on the board where they will remain with the number correct so that you can continue to decipher the code. You will continue guessing until the four letters are in the correct order and the code has been cracked. Are there any questions? You will have 4 minutes to complete this. Good luck, and you may begin!

As students make their guesses, record them on the board. After each guess, tell them how many are correct and write it next to their guess. Leave their codes on the writing surface, so the students can make more logical guesses. The correct order of the four letters: M, W, D, S. These stand for Me, We, Do, and Serve. This activity is similar to the game Mastermind if you have played it.



Excellent code breaking! You have definitely saved the day! You are probably wondering why the correct order is M, W, D, and then S. We are going to find out in today's lesson as we explore the four stages of development.

Alternative Method: *Divide into small groups and have groups compete to see who can crack the code in the least amount of guesses.*



Use a Karaoke Moment to foster student creativity and build classroom fun. Most students should be familiar with the tune of "Do-Re-Mi" from elementary music classes or the movie, "The Sound of Music." If possible, show the clip from "The Sound of Music" where Maria and the children perform the song. The lyrics can be shown to the class using HS.4.TM.A.



- Let's find out what those four letters could possibly stand for by having a little fun with our vocal talents. That's right, it's time to warm up your beautiful voices because we are going to sing! To show you it doesn't matter what your voice sounds like, I am going to sing with you! I'm sure many of you are familiar with the song, "Do-Re-Me." Do we have any volunteers to sing it for us? Great, let's sing it once to refresh our memories.

Do, a deer, a female deer,
Re, a drop of golden sun.
Me, a name I call myself.
Fa, a long, long way to run.
So, a needle pulling threads.
La, a note to follow so.
Ti, a drink with jam and bread.
That will bring us back to do oh-oh-oh!

Teach students the "new" song, "Me-We-Do-Serve." Use HS.4.TM.B to teach the lyrics. Teacher enthusiasm will make or break this fun activity. Set the example by not being afraid to sing with the students. They will be singing this tune as they answer future test questions, for sure! Additional activity: Divide the room into sections, and sing the song in a round.

Now, let's learn some new lyrics. The words have changed, and here are the new ones. Let's practice once, and then we'll give our best performance.

Stages of Development
First, I must learn these four words.
Me, I have to know myself.
We, I'm working with others.
Do, I'm making things happen.
Serve, developing others.
That is how we end our song.
That will bring us back to Me, We, Do, Serve.

Process the song by asking these questions,



- What do you think these four little words have to do with today's lesson on the Stages of Development? Do you think there is a definite order to the four stages or can they happen in any order? Why?

Transition into the overall goal of today's lesson and set the context.



- Today, we are going to discover how we grow and develop as people. It really is an awesome thing-to experience personal development. To accomplish our mission of learning the four stages of



development, we will need to be at our best. Let's stay focused and have the desire to participate.

SUMMARY OF CONTENT AND TEACHING STRATEGIES

Objective 1. Describe the four stages of development.

Distribute one piece of colored paper to each student. Markers or other colored writing instruments are optional. Demonstrate the following directions to the students on the writing surface. Instruct students to turn their paper lengthwise (landscape) and draw four rectangular boxes, which do not touch one another. The boxes will need to be large enough to write in but small enough so they do not touch each other. Leave room for a small arrow between each box. Draw an arrow between each box. The boxes and arrows will create a flow chart that is read from left to right. The notes from HS.4.TM.C should be written in the four boxes. The first box will contain the notes for Me, the second box is for We, and so on.

Write the heading at the top of the paper.

I. The Four Stages of Development

Place in first box.

A. A. ME-the focus is on developing personal skills and abilities.

Place in second box.

B. B. WE-the focus is on developing relationships with others.

Place in third box.

C.C. DO-the focus is on putting one's vision into action.

Place in fourth box.

D. SERVE-the focus is on growing and serving others.

Use a Hieroglyphics Moment to cement the learning of objective one. In each box, instruct students draw a small picture or icon which represents that stage of development and which will help them to remember it. Transition into objective two,

Now, let's take a look at how we can grow in each of these four stages of development.



Objective 2. Identify components of the four stages.

Instruct students to capture notes for objective two in their notebooks. Use HS.4.TM.D and HS.4.TM.E. To save time and reduce note taking, distribute a copy of the transparency to each student



We're going to look at each of these stages a bit further. The question we are asking is: "What types of activities can further our development in each stage?"

II. How We Can Develop in Each Stage

A. ME

1. Examine your values, beliefs, talents, attitudes, and interests
2. Define your personal vision and set goals
3. Take risks
4. Make sound decisions
5. Prepare for career success

B. WE

1. Build and maintain strong relationships
2. Meet new people
3. Build trust with others
4. Work in teams
5. Celebrate diversity

C. DO

1. Communicate your vision and goals to others
2. Listen to other's ideas
3. Prepare and plan
4. Solve problems
5. Evaluate your success

D. SERVE

1. Grow and develop others
2. Serve others and your community

Have students star the one area in each stage in which they are the best. Students should end up starring four numbered items.



Now, let's reflect on our talents. Place a star in each stage of development you feel is a strength for you. For example, if I were really good at meeting people, then I would star number two under WE. Be sure to star one in each stage, so that when you finish you have four stars.

After completing your strengths, look at the list again. Are there any areas that you need to improve? If so, place a triangle by one or two components you feel a need to improve most.

Discuss with the students why the stages are in the order they are in. A major idea of this lesson is for students to realize that development starts with ME. We cannot hope to impact others or our communities if we don't first examine and work on developing ourselves. This idea is critical to understanding leadership and personal development!





Review/Summary

Use a Show What You Know Moment to quiz the students.



What is the first stage of development? The fourth? The second? The third? Name one thing you could do to grow in stage one? Stage two? Stage three? Stage four?

Time Permitting: Sing the "ME-WE-DO-SERVE" song from the interest approach to close out the lesson.



Application

►Extended Classroom Activity:

Have the students perform short skits that demonstrate the four stages of development. Give each group specific settings for their skits such as a women's hair salon, kindergarten classroom, Super Bowl, the beach, and a cattle round up.

►FFA Activity:

Have the students work in pairs to identify ways in which the FFA provides opportunities to experience the four stages of development.

►SAE Activity:

Have students write a paragraph describing how their SAE could possibly assist with their development in each of the four stages.



Evaluation

Use HS.4.Assess to evaluate student mastery of content.

Answers to Assessment:

Part One: Short Answer

1. Me
2. Serve
3. We
4. Do

Part Two: Essay

5. Answer should mention that until we know and understand ourselves, we cannot work with or impact others.



Part Three: Listing

6. Should have two answers for each of the four stages. Possible responses include:

A. ME

1. Examine your values, beliefs, talents, attitudes, and interests
2. Define your personal vision and set goals
3. Take risks
4. Make sound decisions
5. Prepare for career success

B. WE

1. Build and maintain strong relationships
2. Meet new people
3. Build trust with others
4. Work in teams
5. Celebrate diversity

C. DO

1. Communicate your vision and goals to others
2. Listen to other's ideas
3. Prepare and plan
4. Solve problems
5. Evaluate your success

D. SERVE

1. Grow and develop others
2. Serve others and your community



THE STAGES OF DEVELOPMENT

Short Answer

Write the correct stage of development in the blank.

_____ 1. The focus is on developing personal skills and abilities.

_____ 2. The focus is on growing others.

_____ 3. The focus is on developing relationships with others.

_____ 4. The focus is on putting one's vision into action.

Essay

Answer completely, using correct grammar and spelling.

5. Why are the stages in the order in which they are.

6. List two ways to develop for each of the four stages. Your list will have eight items. You may answer in list form.



DO-RE-ME

Do, a deer, a female deer,

Re, a drop of golden sun.

Me, a name I call myself.

Fa, a long, long way to run.

So, a needle pulling thread.

La, a note to follow sew.

Ti, a drink with jam and bread.

That will bring us back to do oh-oh-oh!



ME-WE-DO-SERVE

Stages of Development

First, I must learn these four words.

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That is how we end our song.

That will bring us back to Me, We, Do, Serve.



THE FOUR STAGES OF DEVELOPMENT

I. The Four Stages of Development

A. ME—the focus is on developing personal skills and abilities.

B. WE—the focus is on developing relationships with others.

C. DO—the focus is on putting one's vision into action.

D. SERVE—the focus is on serving and growing others.



HOW WE CAN DEVELOP IN EACH STAGE

ME

Examine your values, beliefs, talents, attitudes, and interests

Define your personal vision and set goals

Take risks

Make sound decisions

Prepare for career success

WE

Build and maintain strong relationships

Meet new people

Build trust with others

Work in teams

Celebrate diversity

DO

Communicate your vision and goals to others

Listen to the ideas of others

Prepare and plan

Solve problems

Evaluate your success

SERVE

Grow and develop others

Serve others and your community

