



Lesson Plan

The Small Moments

Created: 02/2020 by the National FFA Organization

Retiring Address Video Summary: *In this retiring address, 2018-19 National FFA Southern Region Vice President Jordan Stowe discusses how we need to remember and respect the small moments that happen every day because that is where we can learn, be present and find where we are.*

STUDENT LEARNING OBJECTIVES:

After completing these activities, students will ...

1. Describe the importance of the small moments.
2. Describe the impact small moments can have.

TIME REQUIRED: 45 minutes

RESOURCES:

1. Video: "The Small Moments | Jordan Stowe, Retiring Address," <https://vimeo.com/370431027>

EQUIPMENT AND SUPPLIES NEEDED:

1. A copy of the worksheet "The Small Moments" for each student
2. Internet access to play the video in real time or embed it in a PowerPoint ahead of time

STUDENT ACTIVITY SHEETS:

Direct access to student activity sheets without lesson plan or answer key for easy upload to learning management systems or printing for classwork.

<https://ffa.box.com/s/555z53u8ltbsbjhyqo0uo6mx75kiq4y5> (Word)

<https://ffa.box.com/s/irhn3s28f1kk5x2fmr88zmqgei6nn0k6> (Non-Designed)

<https://ffa.box.com/s/jcka9axnkf56pde8zg7v0umdwf5eh6fr> (PDF)

THESE ACTIVITIES ARE ALIGNED TO THE FOLLOWING STANDARDS:

FFA Precept

- FFA.PL-A.Action: Assume responsibility and take the necessary steps to achieve the desired results, no matter what the goal or task at hand.
- FFA.PL-C.Vision: Visualize the future and how to get there.
- FFA.PL-E.Awareness: Understand personal vision, mission and goals.
- FFA.PG-J.Mental Growth: Embrace cognitive and intellectual development relative to reasoning, thinking and coping.
- FFA.CS-N.Decision Making: Analyze a situation and execute an appropriate course of action.

AFNR Career Ready Practices

- CRP.02: Apply appropriate academic and technical skills. Career-ready individuals readily access and use the knowledge and skills acquired through experience and education to be more productive.
- CRP.04: Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas and action plans with clarity, whether using written, verbal and/or visual methods.
- CRP.06: Demonstrate creativity and innovation. Career-ready individuals regularly think of ideas that solve problems in new and different ways, and they contribute those ideas in a useful and productive manner to improve their organization.
- CRP.08: Utilize critical thinking to make sense of problems and persevere in solving them. Career-ready individuals readily recognize problems in the workplace, understand the nature of the problem, and devise effective plans to solve the problem.

Partnership for 21st Century Skills

- Communication

- Critical Thinking and Problem Solving
- Flexibility and Adaptability
- Initiative and Self-Direction
- Leadership and Responsibility

LESSON PLAN:

1. *Bell Ringer:* What is one small, meaningful moment that has happened to you this week?
2. *Introduction:* *Meaningful moments can come in all shapes and sizes and can have lasting impacts. Today, we are going to watch a retiring address from the 92nd National FFA Convention & Expo. This retiring address was given by 2018-19 National FFA Southern Region Vice President Jordan Stowe. In her speech, she discusses how we need to remember and respect the small moments that happen every day because that is where we can learn, be present and find where we are.*

Before watching the video, look over the questions on the worksheet "The Small Moments," and be ready to listen for the answers as you view the video.
3. *Activity:* Each student needs a copy of the worksheet "The Small Moments." Students will watch the retiring address of 2018-19 National FFA Southern Region Vice President Jordan Stowe and complete the activities. The video, "The Small Moments | Jordan Stowe Retiring Address" is available at <https://vimeo.com/370431027>.
4. *Follow-up:* Have the class develop positive statements that can be used to create small moments within the classroom.
5. *Leveling Up:* Freshman students enter high school unsure of what to expect. Prepare a small activity/workshop to present to a group of freshmen that would help students feel more at ease in their transition to high school. This would help to develop small, positive memorable moments that would help set them up for their first year.
6. *Exit Ticket:* Why is it important to remember and reflect on the small moments in life?

NAME: _____

Aligned to the following standards:
FFA.PL-A; FFA.PL-C; FFA.PL-E; FFA.PG-J; FFA.CS-N; CRP.02; CRP.04; CRP.06; CRP.08

The Small Moments

DIRECTIONS:

Fill in the blanks and answer the questions below while watching "The Small Moments," the retiring address of 2018-19 National FFA Southern Region Vice President Jordan Stowe. The video is available at <https://vimeo.com/370431027>.

Our entire _____ is made up of small _____ that form into
the stories of our lives.

According to Jordan, the small moments that happen every day are ...

1. where we _____.
2. where we can be _____.
3. where we can find where we _____.

Where is Salt Lake Tech High School located?

- a. Colorado
- b. Virginia
- c. Montana
- d. Utah

List five small moments that have happened this month that had an impact on you. Describe why each was impactful.

- 1.
- 2.
- 3.
- 4.
- 5.



Overall, how do these small moments impact you long term?

How could the small moments you experience also impact others around you?

Why does this matter?



According to Jordan, every day we can do these things ...	
We can control the way that we treat other people around us. Complete the statement: I will ...	We can control the way that we talk to ourselves. Complete the statement: When thinking/talking to myself, I will say ...
We can determine the perspectives we have on situations. Complete the statement: A situation that I can change my perspective on is ...	We can choose the people we allow to be in our lives and those we don't. Complete the statement: I will choose the people I want to be in my life by the following qualities ...

[illegible]

KEY: The Small Moments

DIRECTIONS:

Fill in the blanks and answer the questions below while watching "The Small Moments," the retiring address of 2018-19 National FFA Southern Region Vice President Jordan Stowe. The video is available at <https://vimeo.com/370431027>.

Our entire existence is made up of small moments that form into the stories of our lives.

According to Jordan, the small moments that happen every day are ...

1. where we learn.
2. where we can be present.
3. where we can find where we are.

Where is Salt Lake Tech High School located?

- a. Colorado
- b. Virginia
- c. Montana
- ☒ d. Utah

List five small moments that have happened this month that had an impact on you. Describe why each was impactful.

Answers will vary.

- 1.
- 2.
- 3.
- 4.
- 5.

Overall, how do these small moments impact you long term?

Answers will vary.

How could the small moments you experience also impact others around you? Answers will vary.

Why does this matter? Answers will vary.

WHERE
WE'RE
MEANT
TO BE

Every
moment
MATTERS