

Post Officer Retreat Reflection

Directions: Reflect on your experiences during the officer retreat by completing the activities below.

1. Five-minute free write: Use the space below to share your thoughts and feelings about your retreat experience.

2. Choose one word that represents your officer retreat experience and create an acrostic poem using your chosen word.

Example:

L	oquacious
A	wesome helper
U	nderstated vocal abilities
R	eally loves her family
Y	ikes! she's climbing the bathroom walls!
N	ice to have around!

3. What is one thing from your officer retreat experience that you can apply in your personal life and in school?

Personal

School

4. What was your most interesting discovery during this experience?

