



PUBLIC SPEAKING AND YOU WORKSHOP REFLECTION GUIDE

Directions: After watching the workshop, complete the reflection questions below.

1. How did this session help you grow as a leader?
2. How can you use what you learned in your own chapter?
3. What about this session impacted you the most and why?
4. What about this session sparked your interest and made you want to learn more?
5. How has effective public speaking been used throughout history?
6. What was your advocacy campaign, and how can you implement it in your community?