

Sample 3-Day Retreat

(see 5-Day Retreat agenda for details)

Day 1

- 8:00 am Meet and conduct a mixer
- 9:00 am Depart
- 11:00 am Arrive and set up
- 12:00 noon Lunch
- 1:00 pm Orientation meeting
- 2:00 pm “What is Leadership” workshop
- 3:00 pm Self-Awareness workshop
- 4:00 pm Recreation
- 6:30 pm Dinner/Supper
- 7:30 pm Officer Duties workshop
- 8:30 pm Program of Work Planning
- 10:00 pm Structured Activity
- 11:00 pm Curfew

Day 2

- 8:00 am Breakfast
- 9:00 am “What is a Team?” workshop
- 10:00 am Team Building Initiatives
- 3:00 pm Recreation
- 6:00 pm Dinner/Supper
- 7:00 pm Program of Activities session
- 9:30 pm Structured Activity
- 11:00 pm Curfew

Day 3

8:30 am Breakfast

9:30 am “What is service leadership?” workshop

10:30 am Organizational planning (use LifeKnowledge lesson AHS.44 Organizational Planning and AHS.45 Leading Program of Activities Development)

12:30 pm Lunch

1:30 pm Program of Activities planning

4:00 pm Depart

Eat dinner/supper on road