



NATIONAL FFA
LIVING TO SERVE

Service and Volunteerism During the COVID-19 Pandemic

LIVING TO SERVE

Service and volunteerism remain important. To ensure the needs of our friends, neighbors and communities are being met, below are some ideas and guidelines to continue Living to Serve.

Safety Guidelines

- Stay home if you feel sick, or if you've recently had close contact with someone who is sick.
- Follow local guidelines and orders.
- Avoid creating groups or mass gatherings of people.
- Maintain a social distance of six feet between other volunteers / people.
- Wash your hands frequently with soap and water.
- Use soap and water or disinfectant sprays to clean frequently-touched surfaces.
- When delivering items, place items at door and maintain social distance.
- Follow guidelines and updates from public health departments.

Service and Volunteer Ideas

- Donate blood.
- Deliver meals or baked goods to someone in need, or who cannot be outside.
- Walk, feed or take care of animals for someone in need, or who cannot be outside.
- Do yardwork for someone in need, or who cannot be outside.
- Get the mail/newspaper for someone that cannot be outside.
- Pick up supplies or groceries for someone in need, or who cannot be outside.
- Clean up trash along roadways, in parks or other areas.
- Create a scavenger hunt of native species in your local area and publish it on social media.
- Provide virtual tutoring or activities to younger students.
- Record yourself reading a book and publish to social media for younger children to watch.
- Drop off activity books (such as coloring books, Sudoku or crossword puzzles) to hospitals, nursing homes or individuals who cannot be outside.
- If requested by local agencies, sew masks or create other protective materials for donation.
- Donate to food banks or stock Little Free Pantries with non-perishable food items.
- Create and place agriculture activity worksheets in Little Free Libraries or Little Free Pantries.
- Share books or games with community members via Little Free Libraries, Little Free Pantries or on porches.
- Plant a garden, or increase the size of a garden, to grow produce for those in need.
- Write letters to those in nursing homes, hospitals or other residential facilities that cannot currently receive visitors.
- Write thank you cards to first responders, grocery store workers and medical workers.
- Utilize social media to find needs in your community, including:
 - Places of worship
 - Non-profits
 - Food banks
 - Blood banks
 - Service organizations
 - Community groups