

Name: _____

The Power of Truth

Aligned to the following standards:

FFA.PL-A1; FFA.PL-A3; FFA.PL-A4; FFA.PL-A5; FFA.PL-A8; FFA.PL-B1; FFA.PL-B2; FFA.PL-B5;
FFA.PL-C1; FFA.PL-C2; FFA.PL-C4; FFA.PL-D1; FFA.PL-D4; FFA.PL-F1; FFA.PG-K2; CCSS.ELA-
W.9-10.4; CCSS.SL.9-10.6; CRP.04

Directions: Read each statement and decide whether it is a lie/negative self-talk or a truth/positive self-talk. Place a check mark in the correct column.

Statement	Lie/Negative Self -Talk	Truth/Positive Self-Talk
1. I'm not good enough to be on a CDE team.		
2. Mistakes help me learn and grow.		
3. Everyone starts somewhere.		
4. If I fail once, I shouldn't try again.		
5. I don't belong in agriculture.		
6. My contributions are valuable.		
7. I can learn new skills.		
8. My ideas don't matter.		
9. Other people are naturally better than me.		
10. Hard work and persistence can help me improve.		

Rewrite each lie/negative self-talk statement into a truth/positive self-talk statement below.