

Name: _____

Aligned to the following standards:

FFA.PL-A; FFA.PL-D; FFA.PG-J; CCSS.ELA-Literacy.W.9-10.4; CRP.02; CRP.04

Count Joy

Part 1

Directions:

Answer the following questions while watching the retiring address of 2022-23 National FFA Central Region Vice President Karstyn Cantrell, "Count Joy." The video is available at <https://vimeo.com/883072933>.

1. Karstyn shared four jobs she had around her family farm. What were they?



2. What was one of Karstyn's least favorite jobs around the farm?
3. How do you count joy in the simple things?
4. Karstyn shared the names of nine FFA members who not only count joy but share joy as well. List the names and stories of three members.

Name: _____

5. Who in your life has shared joy with you? What did they do?
6. How do you share joy with those around you?
7. Ryan Best, one of Karstyn's trusted mentors, once told her that "nothing comes in or out of a closed fist." What does this mean?
8. What does actively living "palms up" mean to you?

Name: _____

Part 2

Directions:

Karstyn Cantrell, 2022-23 National FFA Central Region Vice President, challenged us to count our joys. She shares in her retiring address that she keeps a journal to count her joys. In the space provided, reflect on this past year and create a scrapbook page centered around items you counted as joy. Please provide specific instances and pictures.



1. Why is finding, counting and sharing joy important?