

Love Is Important

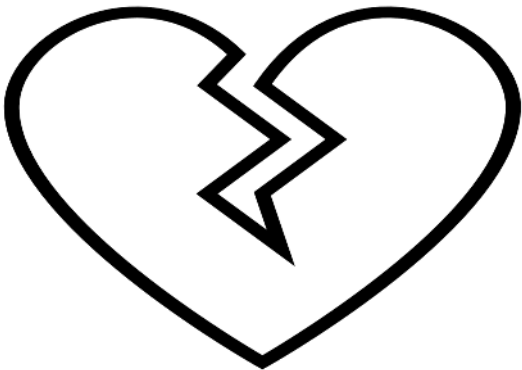
Directions: Watch the retiring address of 2016-17 National FFA Western Region Vice President Trey Elizondo, titled "Love Is ..." (<https://vimeo.com/252531436>) and complete the activities below.

Describe what you think Trey means when he says, "a broken world we live in today." Write your answer in the broken heart below.



What two major lessons has Trey learned in his life about love?

Lesson 1	
Lesson 2	



Trey accepted he was not athletic and that he had other talents as a kid.

How would you (or how have you) handled a time like this in your life?	How did you feel (or how do you think you would feel)?	Did you remember to love yourself for who you are?

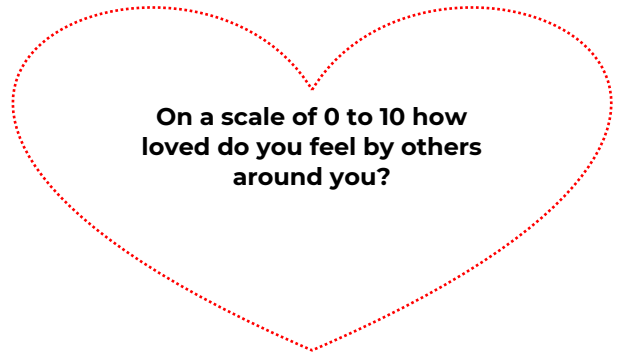
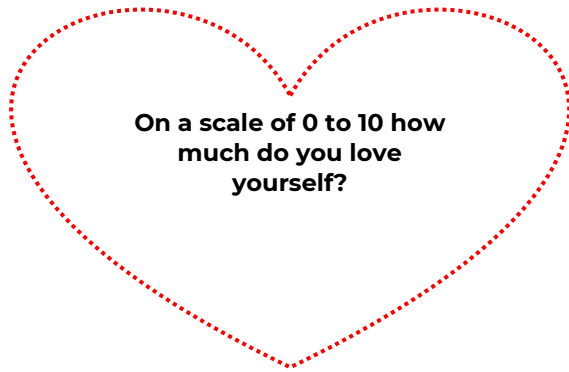


Consider how Trey spoke in front of a large group of his peers.
Circle the emoji that represents how you would feel about having to do that.



- ❖ Why do you feel this way about speaking in front of others? _____
- ❖ How can public speaking impact your future? _____

Name: _____



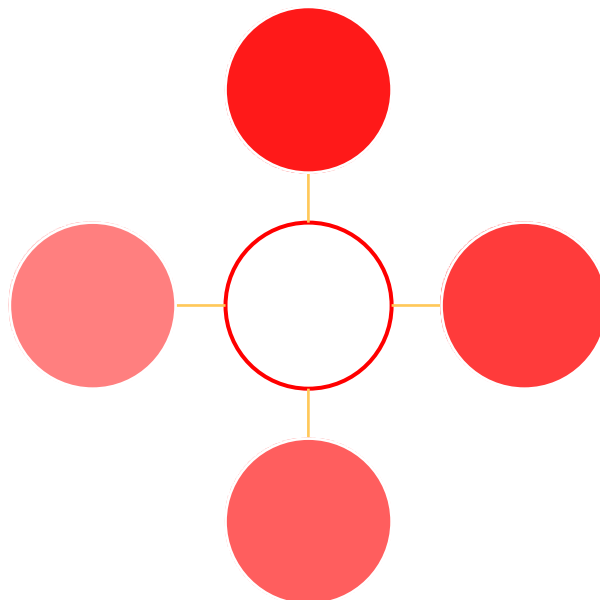
Why did you give yourself the above rating for how much you love yourself? Why might you sometimes struggle to love yourself? Draw your response to these questions in this space.

Identify three people or resources that could help you with improving your own self love and list them below.

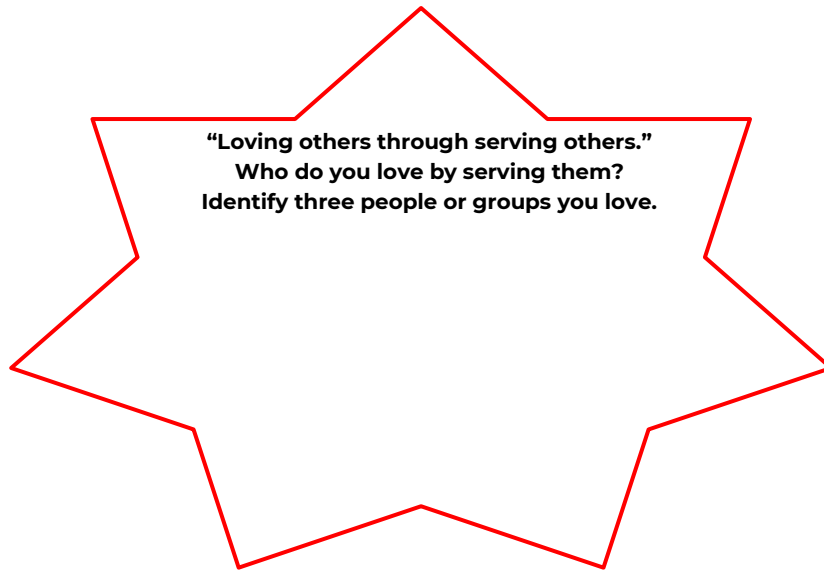
- 1.
- 2.
- 3.

WHO AM I ...?

Draw yourself in the middle circle and then, in the outer circles, identify four characteristics that describe who you are.



Name: _____



- ❖ Identify three people or groups in your life that could use a little love and service. List them below, and brainstorm two ways you could show them love and serve them in the future.

Person or Group: _____

Idea 1: _____

Idea 2: _____

Person or Group: _____

Idea 1: _____

Idea 2: _____

Person or Group: _____

Idea 1: _____

Idea 2: _____

- ❖ What is one thing you gained from watching Trey's retiring address and completing this activity?