



Lesson Plan

Have Heart!

Created: 12/2016 by the National FFA Organization

STUDENT LEARNING OBJECTIVES:

After completing these activities, students will...

1. Recognize and explain what commitment is.
2. Reflect on their own commitments in their lives.
3. Determine and create ways to inspire others.

TIME REQUIRED: 45 minutes

RESOURCES:

1. FFA.org
2. 2015-16 National FFA President Taylor McNeel's Retiring Address, <https://vimeo.com/search?q=Retiring+Address+%2B+Taylor+McNeel>

EQUIPMENT AND SUPPLIES NEEDED:

1. A copy of the "Commitment" worksheet for each student.
2. Pencil.
3. Internet access to view the video.

THIS QUICK LESSON PLAN WOULD WORK WELL AS:

1. An activity to have students reflect on their personal goals and ideas.
2. A personal growth development activity.

STUDENT ACTIVITY SHEETS:

Direct access to student activity sheets without lesson plan or answer key for easy upload to learning management systems or printing for classwork.

<https://ffa.box.com/s/7bcu5jcyv7whmgxsfb82pd5kbuopb5af> (Word)

<https://ffa.box.com/s/geew5yyprx21x5dg4uon07wydyzdivi4> (Non-Designed)

<https://ffa.box.com/s/h023zw6u307ldt3x0o1xhmjet094oj4a> (PDF)

THESE ACTIVITIES ARE ALIGNED TO THE FOLLOWING STANDARDS:

FFA Precept

- FFA.PL-A.Action: Assume responsibility and take the necessary steps to achieve the desired results, no matter what the goal or task at hand.
- FFA.PL-D.Character: Conduct oneself appropriately in relation to others regardless of the situation.
- FFA.PL-E.Awareness: Understand personal vision, mission and goals.
- FFA.PL-F.Continuous Improvement: Accept responsibility for learning and personal growth.
- FFA.PG-K.Emotional Growth: Share and express healthy feelings and emotions.
- FFA.PG-L.Spiritual Growth: Define personal beliefs, values, principles and sense of balance.
- FFA.CS-M.Communication: Effectively interact with others in personal and professional settings.
- FFA.CS-O.Flexibility/Adaptability: Be flexible in various situations and adapt to change.

AFNR Cluster Skills

- CRP.04. Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas and action plans with clarity, whether using written, verbal and/or visual methods.

Common Core - Writing

- CCSS.ELA-Literacy.W.9-10.2 Write informative/explanatory texts to examine and convey complex ideas, concepts, and information clearly and accurately through the effective selection, organization, and analysis of content.

Common Core - Speaking and Listening

- CCSS.ELA-Literacy.SL.9-10.1 Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grades 9-10 topics, texts, and issues, building on others' ideas

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- and expressing their own clearly and persuasively.
- CCSS.ELA-Literacy.SL.9-10.4 Present information, findings, and supporting evidence clearly, concisely, and logically such that listeners can follow the line of reasoning and the organization, development, substance, and style are appropriate to purpose, audience, and task.

Common Core - Math (Specific)

- MP1 Make sense of problems and persevere in solving them.

AFNR Career Ready Practices

- CRP.04. Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas and action plans with clarity, whether using written, verbal and/or visual methods.

Partnership for 21st Century Skills

- Communication
- Critical Thinking and Problem Solving
- Initiative and Self-direction
- Leadership and Responsibility
- Productivity and Accountability
- Social and Cross-Cultural Skills
- Think Creatively

LESSON PLAN:

1. *Introduction:* Today's youth are busy with many activities. Some go through their young adulthood doing activities and being active in events and sports that they aren't really committed to.

Bell work/Pre-Lesson Activity:

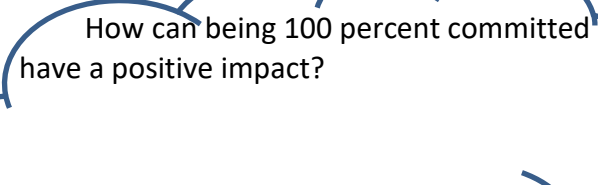
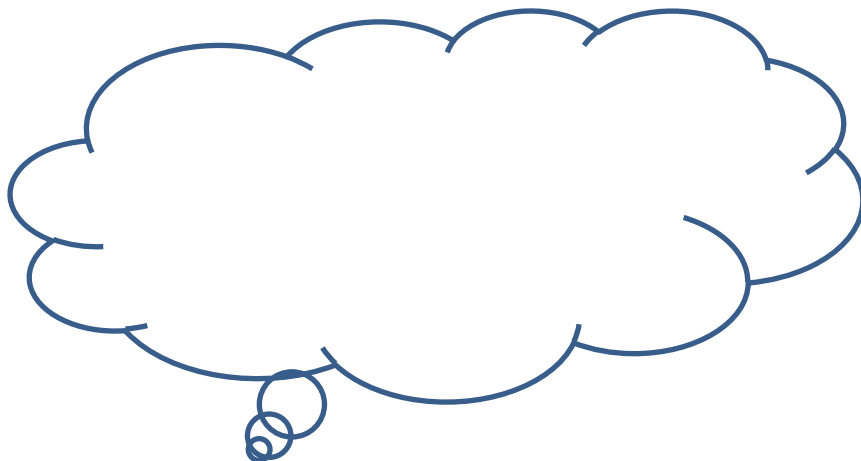
To introduce the students to the lesson for the day, ask this question:

1. What does it mean to be really committed to something (sport, activity, belief, etc.)?

2. *Activity 1:* Each student needs a copy of the handout, "Commitment."
 - a. Show the video, "Retiring Address – Taylor McNeel." The direct URL is <https://vimeo.com/search?q=Retiring+Address+%2B+Taylor+McNeel>.
 - b. After the video, have students reflect on the video while completing the handout.
3. *Follow Up:* Have students write down three things they learned from the lesson, two things they found interesting, and one thing they are still unsure about or have a question about.
4. *Leveling Up:* Toward the end of the video, McNeel says, "Lead with your heart, be committed and inspire others." Have the pairs reflect on this statement and answer the following questions. After ample time has been given for them to reflect and answer the questions, have the pairs share their thoughts/answers with the class.
 1. What event(s) can your generation create to inspire the younger generations?
 2. Why is it important to lead with your heart?

Commitment

Watch the video, "Retiring Address – Taylor McNeel." After you watch the video, complete the questions below. The direct link is <https://vimeo.com/search?q=Retiring+Address+%2B+Taylor+McNeel>.



How can being 100 percent committed have a positive impact?

FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education.

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KEY – Commitment

DIRECTIONS:

Watch the video, "Retiring Address – Taylor McNeel.". After you watch the video, complete the questions below. The direct link is <https://vimeo.com/search?q=Retiring+Address+%2B+Taylor+McNeel>.

1. What is your definition of commitment? What is the actual definition of commitment? How does the actual definition compare to your definition?



Actual definition of commitment –
According to www.merriam-webster.com, commitment is an agreement or pledge to do something in the future.
(Answers to the other questions will vary.)

2. How can not being 100 percent committed to something have a negative impact?

Answers will vary.

How can being 100 percent committed have a positive impact?

Answers will vary.

3. How can you inspire others to be committed to something in their life?

Answers will vary.

Aligned to the following standards:
FFA.PL-E.; FFA.PG-K.; FFA.PG-L.; CCSS.ELA-W.9-10.2; CCSS.ELA-SL.9-10.