

NAME: _____

Aligned to the following standards:
FFA.PL-A; FFA.PL-C; FFA.PL-E; FFA.PG-J; FFA.CS-N;
CCSS.ELA.W.9-10.4; CRP.02; CRP.04; CRP.06; CRP.08

Powerless to Powerful

Part 1

DIRECTIONS:

Complete the activities below while watching "Powerless to Powerful," the retiring address of 2019-20 National FFA Eastern Region Vice President Tess Seibel. The video is available at <https://vimeo.com/showcase/7865594/video/477823661>.

What comes to mind when you hear that it is picture day?

Why does seeing/knowing the purpose help?



According to Tess, what have we learned?



Have you ever had a moment when you asked the questions "Why me? Why now?" Explain.

You are _____ on
when _____
what you _____ control.



What event did Emma organize despite all that was happening with the pandemic?

- a. A horse judging event
- b. A national talent show contest
- c. A national band contest
- d. An online horticulture contest

Shift your focus from what you
_____ control to what
you _____.



How did you feel?

How can going from powerless in a situation to powerful help you? Explain.

In this situation, how could you go from powerless to powerful?

Part 2

DIRECTIONS:

Going from powerless to powerful is important for being able to handle difficult life situations. Find a quote that means a lot to you and can help you in going from powerless to powerful. Develop a picture that uses that quote to encourage and remind you to always go from powerless to powerful. (The quote should be part of the picture!) Be sure to use color in your picture and think about what will remind you to become powerful in difficult times.