



Lesson Plan

Who Can You Serve Through Love?

Created: 07/2022 by the National FFA Organization

Description of Lesson: *Love brings us happiness. In this retiring address, 2016-17 National FFA Western Region Vice President Trey Elizondo dives into the meaning of loving yourself and those around you to find true happiness. Students will identify others they can serve in their homes and community.*

Student Learning Objectives:

After completing these activities, students will ...

1. Describe why love is so important in our lives.
2. Develop a plan to love themselves and those around them.

Suggested Grade Level:

Grades 9 and 10 (This lesson is written so instructors can scale up or down based on class needs.)

Suggested Time: 60 minutes (*Time requirements may vary based upon student understanding and class schedule.)

Resources/References:

1. Website: [FFA.org](https://ffa.org)
2. Video: "Love Is ..." | Trey Elizondo 2017 Retiring Address, https://vimeo.com/252_nb531436

Equipment and Supplies Needed:

1. A copy of the "Love Is Important" worksheet for each student
2. Internet access to play the video in real time or embed it in a PowerPoint ahead of time

Virtual Instruction Ideas:

This entire lesson can be completed virtually through your school's online learning management system.

Student Activity Sheets:

Direct access to student activity sheets without lesson plan or answer key for easy upload to a learning management system or printing for classwork.

Link (Word) <https://ffa.app.box.com/file/986882934279>

Link (PDF)

Link (Google)

These Activities Are Aligned to the Following Standards:

FFA Precept

- FFA.PL-A. Action: Assume responsibility and take the necessary steps to achieve the desired results, no matter what the goal or task at hand.
- FFA.PL-C. Vision: Visualize the future and how to get there.
- FFA.PL-D. Character: Conduct oneself appropriately in relation to others regardless of the situation.
- FFA.PL-F. Continuous Improvement: Accept responsibility for learning and personal growth.
- FFA.PG-J. Mental Growth: Embrace cognitive and intellectual development relative to reasoning, thinking and coping.
- FFA.PG-K. Emotional Growth: Share and express healthy feelings and emotions.
- FFA.CS-M. Communication: Effectively interact with others in personal and professional settings.
- FFA.CS-N. Decision Making: Analyze a situation and execute an appropriate course of action.
- FFA.CS-O. Flexibility/Adaptability: Be flexible in various situations and adapt to change.

Common Core – Speaking and Listening

- CCSS.ELA-Literacy.SL.9-10.2 Integrate multiple sources of information presented in diverse media or formats (e.g., visually, quantitatively, orally) evaluating the credibility and accuracy of each source.
- CCSS.ELA-Literacy.SL.9-10.1 Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grades 9-10 topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively.

AFNR Career Ready Practices

- CRP.02. Apply appropriate academic and technical skills. Career-ready individuals readily access and use the knowledge and skills acquired through experience and education to be more productive.
- CRP.04. Communicate clearly, effectively, and with reason. Career-ready individuals communicate thoughts, ideas, and action plans with clarity, whether using written, verbal and/or visual methods.
- CRP.06. Demonstrate creativity and innovation. Career-ready individuals regularly think of ideas that solve problems in new and different ways, and they contribute those ideas in a useful and productive manner to improve their organization.
- CRP.08. Utilize critical thinking to make sense of problems and persevere in solving them. Career-ready individuals readily recognize problems in the workplace, understand the nature of the problem, and devise effective plans to solve the problem.

Partnership for 21st Century Skills

- Communication
- Critical Thinking and Problem Solving
- Global Awareness
- Information, Communications, and Technology Literacy
- Think Creatively
- Flexibility and Adaptability
- Initiative and Self-direction
- Leadership and Responsibility

Lesson Plan:

1. **Bell Ringer:** Students are to create a concept map titled Who Am I? (Optional: You could have students pair up and share or share with the class.) Concept Map Making Website: <https://www.canva.com/graphs/concept-maps/>
2. **Introduction:** Today's activities include thinking about who we are, how loved we are, and how love brings us true happiness. Trey Elizondo's retiring address looks at key moments in his life when love prevailed and how it has had an impact on him. Students can look at their own lives and identify the keys to love and happiness for themselves. Students will wrap up with a plan of how they can serve others and find happiness through loving others around them.
3. **Activity:** Each student needs a copy of the worksheet "Love Is Important." Upon completion of the bell ringer, students should watch the retiring address of the 2016-17 National FFA Western Region Vice President Trey Elizondo. Students should watch individually so they can stop as they need to complete this activity. Students can also go back and watch parts over if needed.
4. **Optional – Extended Learning Opportunities (Not factored into time requirement):**
 - a. Have students write a handwritten note to someone they love and/or appreciate. This note should be private and allow them to show their love and appreciation for this person.
5. **Exit Ticket:** What do you feel will be the biggest challenge in improving your self-love?

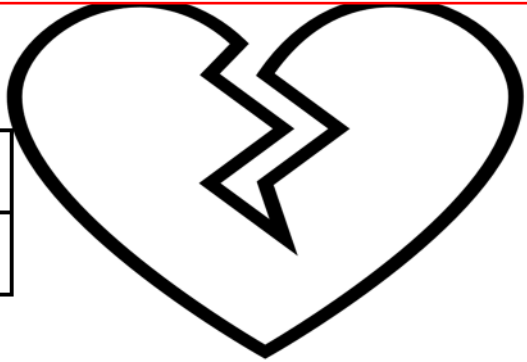
Name: _____

Aligned to the following standards: FFA.PL-A FFA.PL-C. FFA.PL-D. FFA.PL-F. FFA.PG-J. FFA.PG-K. FFA.CS-M FFA.CS-N. FFA.CS-O. CCSS.ELA.SL.9-10.2 CCSS.ELASL.9-10.1 CRP.02. CRP.04. CRP.06. CRP.08.

Love Is Important

Directions: Watch the retiring address of 2016-17 National FFA Western Region Vice President Trey Elizondo, titled "Love Is ..." (<https://vimeo.com/252531436>) and complete the activities below.

Describe what you think Trey means when he says, "a broken world we live in today." Write your answer in the broken heart below.



What two major lessons has Trey learned in his life about love?

Lesson 1	
Lesson 2	

Trey accepted he was not athletic and that he had other talents as a kid.

How would you (or how have you) handled a time like this in your life?	How did you feel (or how do you think you would feel)?	Did you remember to love yourself for who you are?

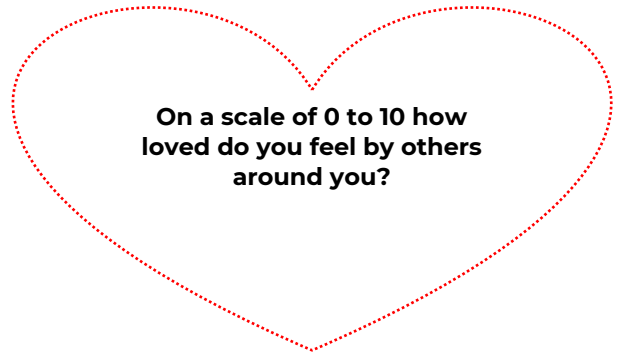
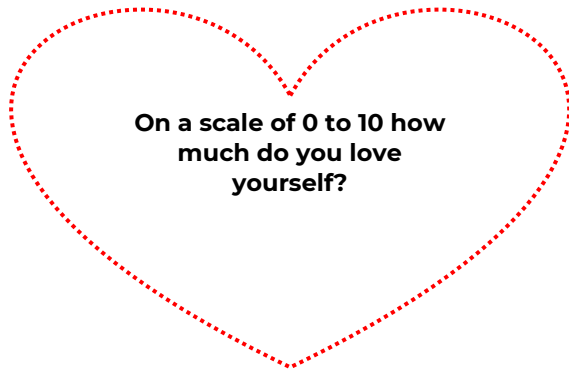


Consider how Trey spoke in front of a large group of his peers.
Circle the emoji that represents how you would feel about having to do that.



- ❖ Why do you feel this way about speaking in front of others? _____
- ❖ How can public speaking impact your future? _____

Name: _____



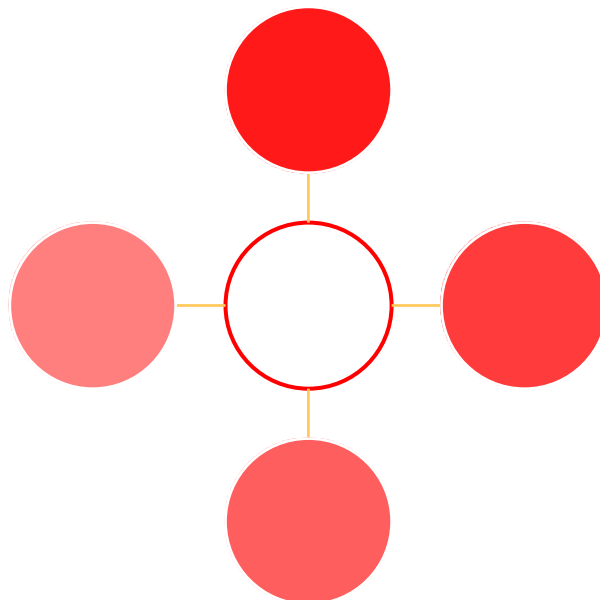
Why did you give yourself the above rating for how much you love yourself? Why might you sometimes struggle to love yourself? Draw your response to these questions in this space.

Identify three people or resources that could help you with improving your own self love and list them below.

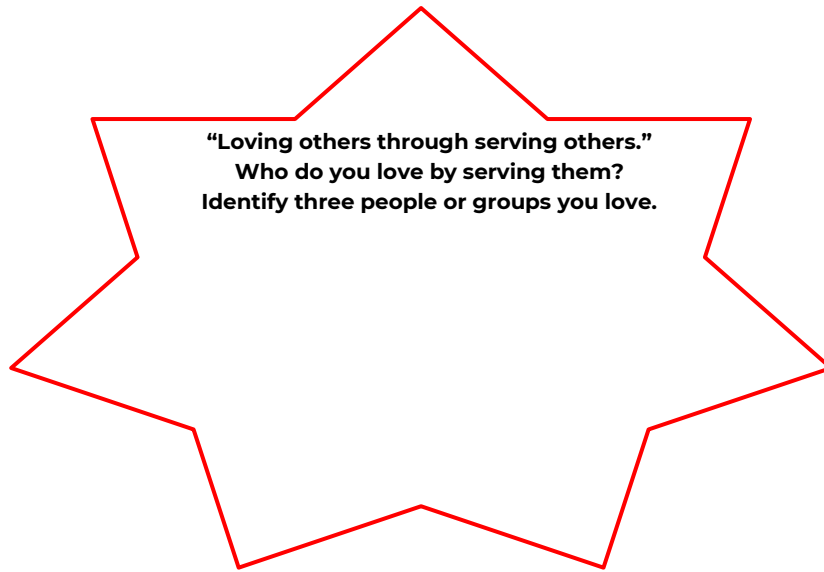
- 1.
- 2.
- 3.

WHO AM I ...?

Draw yourself in the middle circle and then, in the outer circles, identify four characteristics that describe who you are.



Name: _____



- ❖ Identify three people or groups in your life that could use a little love and service. List them below, and brainstorm two ways you could show them love and serve them in the future.

Person or Group: _____

Idea 1: _____

Idea 2: _____

Person or Group: _____

Idea 1: _____

Idea 2: _____

Person or Group: _____

Idea 1: _____

Idea 2: _____

- ❖ What is one thing you gained from watching Trey's retiring address and completing this activity?

Name: _____

KEY: Love Is Important

Part 1

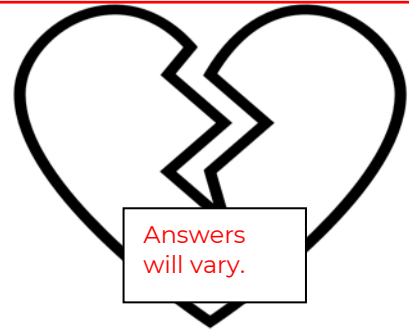
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Describe what you think Trey means when he says, "a broken world we live in today." Write your answer in the broken heart below.



What two major lessons has Trey learned in his life about love?

Lesson 1	Loving yourself
Lesson 2	Loving those around you brings true happiness



Trey accepted he was not athletic and that he had other talents as a kid.

How would you (or how have you) handled a time like this in your life? Answers will vary.	How did you feel (or how do you think you would feel)? Answers will vary.	Did you remember to love yourself for who you are? Answers will vary.
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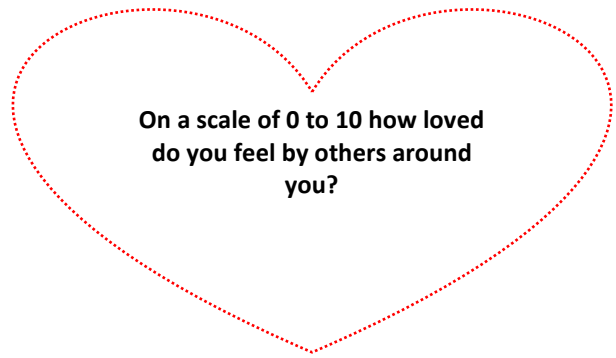
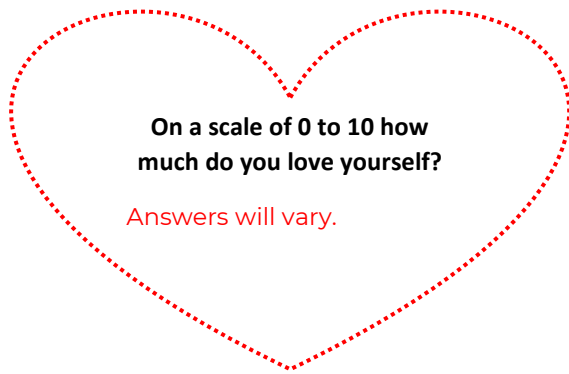
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- ❖ How can public speaking impact your future? _____

Name: _____



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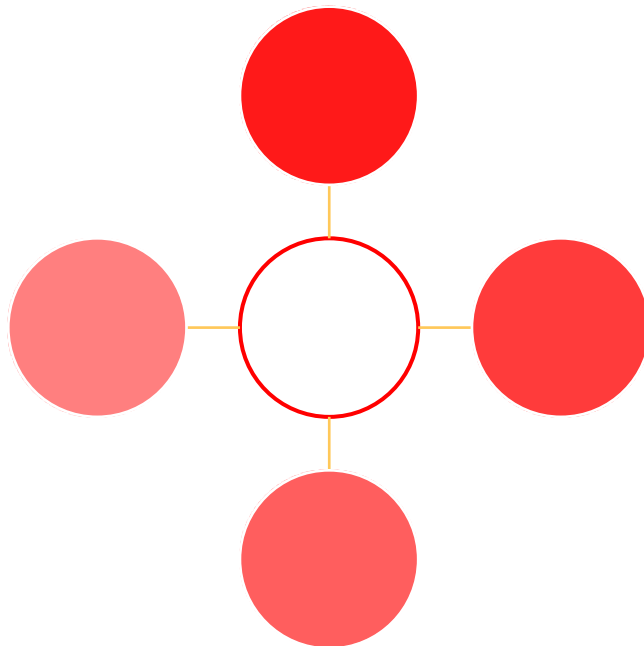
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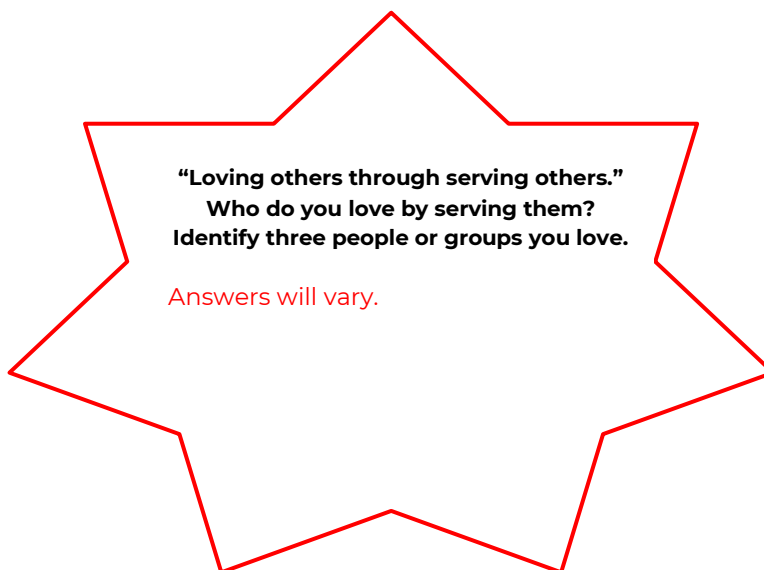
- 1.
2. Answers will vary.
- 3.

WHO AM I ...?

Draw yourself in the middle circle and then, in the outer circles, identify four characteristics that describe who you are.



Name: _____



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Answers will vary.